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Help children like Sam kick cancer





When we received Sam's diagnosis, I was in complete shock. How could my otherwise healthy child have leukaemia?

We stayed in hospital for three weeks and those days are a complete blur. Luckily, Sam reacted well to the drugs and achieved remission quickly.

Sam is now strong enough to play football again. He even scored in his first match. The look on his face when the ball hit the back of the net is something I'll never forget.

Tamsin, Sam's mum



(



SUNDERLAND AFC

Stadium of Light,
Sunderland, SRS 1SU
Ticket office: 0371 911 1973
General enquiries and main switchboard: 0371 911 1200
Matchday hospitality and events team:
0371 911 1555 | www.safc.com

DIRECTORS

Chairman: Stewart Donald
Executive Director: Charlie Methven
Finance Director: Angela Lowes
Managing Director: Tony Davison
Director: Juan Sartori
Director: Neil Fox

FOOTBALL

Manager: Jack Ross Assistant Manager: James Fowler First-team Coach: John Potter Goalkeeping Coach: Craig Samson

SUNDERLAND AFC HONOURS

Top-flight champions:
1892, 1893, 1895, 1902, 1913 & 1936
'Championship' winners:
1976, 1996, 1999, 2005 & 2007
'League One' winners: 1988
Top-flight runners- up: 1894,
1898, 1901, 1923 & 1935
'Championship' runners-up: 1964 & 1980
Also promoted 1990

FA Cup winners: 1937 & 1973 FA Cup finalists: 1913 & 1992 League Cup finalists: 1985 & 2014

RED & WHITE

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Photographic contributors: PA Images, Getty Images, Ian Horrocks, Frank Reid

Back copies and subscriptions:

01685 352042 or ignitionsportsmedia.com Red & White is produced by **Ignition Sports Media**

Production Editor: Dave Middleton **Designer:** James Ginieres

Printed by **S&G Print Group**.

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WELCOME

Welcome back to the Stadium of Light as the Lads aim to follow up their midweek success in the cup with a first league victory of the 2019-20 campaign against familiar foes in Portsmouth. In this edition Lynden Gooch talks August goals and parenthood, Aiden McGeady explains why he's feeling sharp, Grant Leadbitter is thrilled to be taking the armband and we have the latest updates from the Academy and SAFC Ladies teams.



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JACK ROSS

WELCOME BACK TO THE STADIUM OF LIGHT FOR TODAY'S LEAGUE ONE FIXTURE AGAINST PORTSMOUTH.

would like to extend a warm welcome to Kenny Jackett and his backroom team, as well as the Pompey players and the fans that have made the long journey to the North East.

It has been a busy start to the 2019-20 campaign with the games coming thick and fast - and that will remain the case as we face eight games in the opening month.

On Tuesday, we earned our first win to progress into the second round of the Carabao Cup, and our challenge is to now replicate the performance levels we displayed at the Wham Stadium.

Following our opening-day stalemate with Oxford United, we travelled to Ipswich Town and I was critical of aspects of our game, as I recognised that they were short of what is required.

We needed to do the fundamentals and the basics of the game better, but to the players' credit, they still managed to come away from Portman Road with a point.

They also took the messages that we delivered on board, and on Tuesday, we improved in

and out of possession and established solid foundations to build from throughout the game.

There is no better feeling than winning football matches, and the players have been frustrated because they haven't had that in the last couple of weeks, so I'm immensely satisfied that they were rewarded with a win

It has been a tough week due to the travelling involved, but we have recovered well and we are heading into today's game with a growing momentum on our side.

Last season, the games we played against Portsmouth were all terrific for a variety of reasons, and I'm sure today's game will be no different.

It will be a challenging affair, but I'm confident that we can build on a solid start to the campaign and add three points to our tally.

Thank you for your support,

(1. 1 as 8

Jack Ross

THE MANAGER 5











GRANT LEADRITTER

WELCOME BACK TO THE STADIUM OF LIGHT FOR TODAY'S GAME AGAINST PORTSMOUTH.

e're now three games into the season and it was good to secure our first win of the campaign on Tuesday evening at Accrington Stanley.

Today, we have an opportunity to build on that and earn our first league victory against a side many people expect us to be competing with throughout the season.

We faced a similar challenge at Ipswich Town last weekend, and while we know we need to be better than our first-half performance, we showed character and fight to come away with a point.

Both of those qualities are vital in football, especially if you play for Sunderland.

The Stadium of Light is a great place to play your football because you are representing a massive club with an incredible fan base.

That brings pressure and expectation, but as a player, you should crave that, embrace it and thrive on that.

I'm a big believer that if you do things right in training, and have that winning mentality, Saturdays become second nature and performances become consistent.

Throughout pre-season, and the last few weeks, the lads have worked hard in training and the standard has been good, so I'm positive that we will win a lot of matches this season.

We know where we came short last campaign and we need to turn just a few of those draws into wins, and then we will have the few extra points needed to succeed.

On a personal note, it was an honour to be named captain of this great historic football club.

I'm not one for ranting, raving, shouting and things like that, but I do want a dressing room that fights for each other and wants to win together, and to create an environment our players enjoy playing football in.

I want the next couple of years to be successful ones for the club, so that I can walk away a happy man.

Last season, the ending wasn't what we wanted. But we can't forget where this football club was 14 months ago, and ignore the hard work that many people, including players, staff and supporters, have put in to get us moving forward again.

Today's game will not be easy. Portsmouth are a talented side and they will travel here with a view to earning three points.

But we have a terrific squad and unrivalled support, so together, let's keep everything around the club positive throughout the season.

There will be ups and downs but it's a long season and togetherness is vital within and around the club.

Thank you for your support,

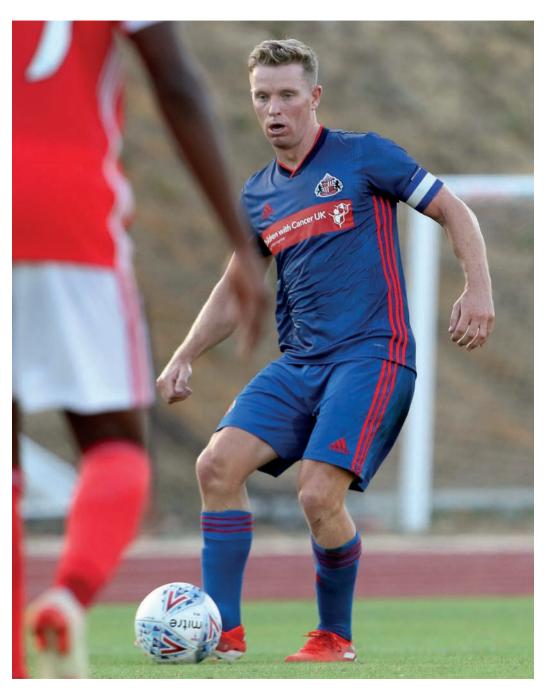
adbitter

Grant Leadbitter





FROM THE DRESSINGROOM















ORDER ONLINE AT SAFCSTORE.COM AND COLLECT ON MATCHDAY

ノストラグラマスス



CHARLIE METHVEN

WELCOME TO ALL OUR SUPPORTERS AND THOSE FROM PORTSMOUTH FOR TODAY'S BIG LEAGUE ONE MATCH.

fter five tough encounters last time around - one victory, two defeats and two draws - suffice it to say that the teams and coaching staff know each other's capabilities very well!

As the transfer window draws to a close, I want to bring you up to speed with where we are financially, and how that translates into playing matters. This is an area much speculated about at all clubs and the Board does not see any reason to keep these matters from those who fund the vast majority of the club's outgoings.

Last summer, the playing wage bill we inherited of circa £40million was ruinously high and had to be reduced. Not just to stem losses, but also to ensure that the club could comply with financial fair play regulations, as clubs are given one season after relegation from the EPL to get their house in order.

We managed to reduce that playing wage bill to circa £15million, still the largest in League One history but several steps in the right direction. This season that has been further reduced, to £10million per annum, or £12.5million if you include payments still being made to players who have left the club.

At that level of playing budget, the club is financially stable, running at around a £3million a year operational loss - the last parachute payment is mostly

allocated to the final historic transfer fees and legal matters - pre-player trading.

Crucially, though, it means that we will also just about fit within either Championship FFP or League One's Salary Cap Management Protocol, once our parachute payments cease next June.

The SCMP dictates that you can only spend 60 per cent of your revenues on players' wages and our projected revenues in League One are £19.5 million.

That ongoing squad playing wage budget of £10million per annum needs setting in some context. The average in League One is £3million and the top budgets are usually in the realm of £6million. On top of that, unlike the other clubs in the league, SAFC spends £2.5million per annum funding a Category 1 Academy, which also assists the first-team squad. This is appropriate and sustainable for a club of Sunderland's stature.

The Board has also been mindful that sufficient funds need to be made available to build a squad to compete at the top of League One. Given the club's huge outgoings on historic transfers, it has been a difficult balancing act.

However, in the last 13 months just over £5million has been spent on transfer fees, which is more than last season's

three promoted teams spent between them. This summer we also knocked back significant offers for players the management deemed vital to achieve promotion.

It is very important to recognise that football matches, and indeed promotions, are not won on paper or by money alone. Once the whistle goes, it is 11 against 11: opposition clubs have to be treated with the utmost respect by us all, whatever their financial wherewithal.

However, it is the responsibility of every Board to run their club in such a way that the appropriate level of financial support is provided to the football management in order to achieve stated ambitions - in this case, automatic promotion from League One.

We believe that that has been achieved, whilst shepherding the club away from the black hole into which some of our competitors have been sucked, as Pompey once was.

None of the above could be managed without your continuing support, which underpins everything the club does, so we are all at the club hugely grateful for that.

C. Mithwen

Charlie Methven







MEMBERSHIP



Sunderland AFC has launched a brand-new membership scheme exclusively for overseas supporters to connect with the club.

The international membership offers a range of benefits including digital programmes, ticket promotions and weekly e-newsletters and is currently available in two categories: International Plus Membership - £50 a year, International Membership - £25 a year.

ould like to thank the following who have already signed up:

International Plus Membership

Geoff Stokoe Ian Humble Peter Forster John Ambler Daniel Elliott Steven Wisniewski Macarena Delgado Jill Lennox Chris Arnold Clare McKean Michael Peart **Elliott Coates** Richard Whalley Charlie Anderson Daniel Hunt-Vincent Ivan Sandoval

Joerg Steger Jonathan Lynn Callum Fisher Gordon Logan **Chris Fordon** Allyson Beardmore Robert Bell Johan Grundberg

James Rankin John Hymers Havar Bue Ann Nilsen Aidan O'Brien Paul Bergene Bryan Thompson Patrick Evre

Charles Allan Malcolm Clark Jeffrey Baker William Kilgallon Jeffrey Hydari Michael Gregg Matt Austin Lukas Butz

International Membership

Radoslav Karaasenov Ian Hamilton Simon Ames Brian Le Blanc Henrik Smeds Jo Savers Marius Lvdka Raymond Smith Dominik Sinzinger Simon Walker

Dave Miller **Tom Watkins** John Ainsworth Brun Alan Vaz Biorn Tore Kristiansen Robert Jones Jonathan Laverick **Christopher Andrews** Filippo Nozzoli Dean Birkett

Aske Scott Graulend **Darrell Wise** Raymond Leonard Ian Sproates Jeramie Westbay Miles Hunt John Bretz Mark Taylor **Matt Stilwell** Liam Dudley

Michael Anderer Panagiotis Potiloudis Chris Talarek Justin Warner Richard Sharp John Mann **Robin Heppell** Yunseog Ryu Simon Quigley Mike Lackaye

John Barrow Lisa Emonds Dave Ward Bernhard Antoniussen Peter Bell Josh Barton Evan Boyle **David Frankenthal** Andreas Glatter Shannah Calamar

FURTHER DETAILS ON THE INTERNATIONAL MEMBERSHIP PACKAGES AND TO SIGN UP PLEASE VISIT SAFC.COM OR SAFCSTORE.COM



SUPPORTER LIAISON OFFICER

WELCOME ALL TO TODAY'S EARLY KICK-OFF BETWEEN SUNDERLAND AND PORTSMOUTH, IN WHAT SHOULD BE A GREAT GAME BETWEEN TWO FAMILIAR OPPONENTS

K and International Memberships are back on sale for the new season. Following its successful introduction in January and March, I have received a high volume of requests from supporters that want to join the membership schemes for the 2019-20 campaign.

Supporter feedback influenced the creation of both schemes and I look forward to liaising with the many members across both supporter memberships to look at ways we can

build and grow the package and offers for supporters for years to come.

The main benefits for the '19-20 membership include ticket offers and retail promotions. A retail code is sent to members on sign up and UK members can use their ticket promotions by ordering online or by bringing their membership card to the ticket office throughout the season.

Full details on both memberships can be found at: www.safc.com/news/ clubnews/2019/august/membershipsback-on-sale I have spoken to many supporters this month enquiring about Black Cat points for the pre-season games. You will be allocated points for all the pre-season games attended, and the ticket office is in the process of allocating these at this time. If you have not received all points by the end of August please email ticket. office@safc.com for an update.

The Red & White Army are hosting their AGM on Thursday 22 August from 6pm at the Stadium of Light. If you are interested in being a RAWA member and attending the meeting, please go to www.redandwhitearmy.co.uk.

Everyone at Sunderland would like to wish a happy 80th birthday to two special supporters today.

× × ×

Over the Summer Freda Oyston celebrated her 80th birthday. Freda has been running the Disabled & Escorts Branch for many years and Sunderland AFC is grateful for her dedicated support and running the branch for many years.

lan Todd is 80 on Friday 23 August. Ian is a long-serving member of the London & Southern England Branch, a season card holder for Sunderland AFC and regular attender for the Sunderland Ladies. We all hope you have a great day Ian.







ACTION REPLAY





SUNDERLAND

GOOCH (49' PEN)



FOSU-HENRY (14')

SATURDAY 3 AUGUST, 2019 | STADIUM OF LIGHT | ATTENDANCE: 33,498 | REFEREE: PETER WRIGHT



OXFORD LINE-UP

22

1 J. McLaughlin 2 C. McLaughlin

SUNDERLAND LINE-UP

4 Willis

12 Flanagan

33 Hume

18 Dobson

8 McGeouch

11 Gooch **(()** Maguire 82′)

17 Embleton (**) Watmore 59')

10 McNulty

22 Grigg (C) McGeady 71')

Unused Substitutes:

Ozturk, O'Nien, Burge, Leadbitter

1 Eastwood

2 Cadden

4 Dickie

15 Mousinho

3 Ruffels

6 Gorrin

8 Brannagan ((Moore 90+5')

17 Henry

10 Woodburn (C) Hanson 75')

11 Fosu-Henry (C) Hall 82')

19 Mackie

Unused Substitutes:

Long, Stevens, Sykes, Napa















"WE NEED TO
CREATE MORE
FROM THOSE
OPPORTUNITIES,
AND WE NEED TO BE
MORE RUTHLESS AT
BOTH ENDS OF THE
PARK"

[JACK ROSS]





ACTION REPLAY





IPSWICH

GARBUTT (15')

SUNDERLAND

GOOCH (64')

SATURDAY 10 AUGUST, 2019 | PORTMAN ROAD | ATTENDANCE: 24,051 | REFEREE: NEIL HAIR



IPSWICH LINE-UP

1 Holy

2 Donacien

28 Woolfenden

4 Chambers

30 Kenlock

17 Rowe (**) Dozzell 79')

8 Skuse

21 Downes

29 Garbutt (Judge 39')

10 Norwood

Unused Substitutes:

Wilson, Norris, El Mizouni, Huws

9 Jackson (C) Roberts 90')

SUNDERLAND LINE-UP

1 J. McLaughlin

2 C. McLaughlin

4 Willis (C) Ozturk 84')

12 Flanagan

33 Hume (**(**) Maguire 45')

13 O'Nien

18 Dobson

8 McGeouch

11 Gooch

10 McNulty

19 McGeady (C) Grigg 74')

Unused Substitutes:

Power, Burge, Embleton, Leadbitter



"THERE WAS A
FRANK DISCUSSION
AT HALF-TIME
BECAUSE WE WERE
A GOAL BEHIND TO
A TEAM THAT DID
THE FUNDAMENTALS
A LOT BETTER
THAN US"

[JACK ROSS]





















ALL OF THESE BUSINESSES ARE IN BUSINESS MEMBERS AND ARE SUPPORTING SUNDERLAND AFC. PLEASE SHOW YOUR SUPPORT TO THEM AND USE THEIR SERVICES.

If you would like to join Sunderland AFC's business club or require any further information about membership benefits, networking opportunities and membership fee please contact sharon.ewart@safc.com or call 0191 5515066

808 Bar and Kitchen

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Activ Technology Ltd

All Floors Services Ltd

Aphrodite

AR Controls

Area North Training & Safety

Systems Ltd

Ashford Orthodontics Ltd

Ashmore Consulting Ltd

Aspray

Beechwood Aesthetics

Bespog Commercial Solutions

Ltd

Betdaq

BIM73 Digital Engineering

Brewin Dolphin

Bridle Insurance

Bridle Vehicle Leasing

Company

CDC Wealth Management

City of Sunderland

Communicate Technology PLC

DC Services Ltd

DJN Ltd

Dominos Pizza Durham

Dunelm-Aircon Ltd

Dunstanburgh Castle Hotel

Durham City Interiors

Dynamic Transport Planning

Eco Cleans UK

Energy Compare Ltd (EC Outsourcing)

Expert

Everyone Active

Fitz Architects

Gateshead College

George Washington Hotel

Great Annual Savings Group

Griffith Textile Machines Ltd

Hall and Angus

Hays Travel Limited

HLA Services Limited

Howie White Resourcing

HTS Sunderland

Hughes Bros Construction Ltd

Hunters Estate Agents

Sunderland

I.M.P.A.C.T Northeast

Intelex Limited

Interlink

Jackson Potter

JH Coaches

JLB Facilities Management

Joe Halliday Recruitment

Limited

Just Travel Cover

King Brothers Bricklaying

Contractors Ltd

L & J Rich Sauces Ltd

Lighthouse Therapy Group

Lofthouse and Partners

Logico NE Limited

Low Energy Lighting Solutions

Lyndon Systems Ltd

McNally and Thompson

Michael Hodgson Estate

Agents

Mincoffs Solicitors

MMC Research & Marketing

Molson Coors

Mortons Law Limited

Muckle LLP

NewcastleGateshead

Initiative

Oculus HR

Office Team

Optimum Recruit Limited

Owben Ltd

PBI Print

PC Electrical 2000 Limited

Pixel Media Design

Port of Call

Protect 365

Q Laser Ltd

Rain Data Limited

Resolve (Care Northern) Ltd

Resources NE Ltd

Richard Reed Solicitors

Seaham Hall Hotel and Spa

Sialion

Signature Truck & Van

Simon West Interiors Ltd

SJ Manufacturing Ltd

Springboard Sunderland

Stream on Demand

SSAS Advisers

Stagecoach North East

Sunderland Carers

Sunderland College

SVS Concepts Limited

Taylor Hall Financial Services

The Apartment Group

The Energy Check

The Esh Group

The Lancaster Group

The Mortgage Dog

The Steadfast Group

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University of Sunderland

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Co Ltd







HOT TOPIC INVITES A RANGE OF WRITERS TO LOOK AT WIDER FOOTBALLING ISSUES CONCERNING MORE THAN JUST WHAT IS HAPPENING AT SUNDERLAND

here have been few more developments at Sunderland more enjoyable to watch over the last year than the explosion of colour in the Roker End.

The flag displays have been nothing short of exceptional and are all the better for being genuinely supporter-led.

A personal favourite is the Niall Quinn banner, but it's impossible not to enjoy the nods to famous kits, sponsors and badges of famous wins and seasons gone by.

The impact on the atmosphere in the Stadium of Light has been tangible and it is encouraging that the club are continuing to work with the Red & White Army on the next steps, whatever they might turn out to be.

Safe standing is one such subject and it is only right that Charlie Methven confirmed to supporters at a recent meeting that Sunderland would begin exploring what that might look like and how that might work on Wearside.

The situation as it stands across the game is complicated.

We are waiting for the verdict of a government review into the issue, which began in June 2018 but is still yet to conclude.



As such, safe standing remains banned in the top two tiers of the English game. Clubs promoted to the Championship have a short period of grace before they are forced to convert to all-seating.

Sunderland's position in League One is different, as they had an all-seater ground when they dropped into League One. However, the latest safety guidelines published last November also stipulated that if approved by the local safety advisory group, seats incorporating barriers could be installed in areas of a ground where persistent standing is deemed to be a risk to safety.

A recent installation at Wolves is an example of this.

The expectation across the game is that the government will soften its stance, with Tottenham Hotspur installing a large number of these seats in their new ground in anticipation.

It is an emotive subject for many.

Though there is an understandable nostalgia for the no-frills experience of yesteryear and the atmosphere it evoked, the importance of the Taylor Report in improving fan safety should never be forgotten.

The increasing diversity of supporters and families attending games is also something to be welcomed and Sunderland are rightly proud of how they led the way on this in their first forays into the Premier League and beyond.

Standing is not for everyone and nor are standing areas.

Which is why, both for safety and fan experience, the time is right to allow grounds to control it and create hubs where like-minded supporters can gather should they choose.

It has been refreshing to see the Stadium of Light, so tired and unloved in the relegation seasons, begin to edge its way back to its former glory.

There is so much more to be done, both in the ground and in the surrounding areas. How encouraging, though, that the appetite is there and that supporters are central to it.

Safe standing is just one of the next logical steps.



THE NEWSROOM

DUST OFF YOUR GOLF CLUBS



Sunderland AFC are inviting supporters to dust off their golf gear and test their skills against some of the club's first-team players and staff.

The event, which will take place on Monday 9 September at the George Washington Hotel, will see 18 groups of four go head-to-head, with each group including an SAFC representative.

A selection of first-team players and staff will be competing alongside members of the board and former Black Cats, with Jack Ross also attending the close-of-play presentation.

Priced at £500 plus VAT, three-player packages are extremely limited, and

- A welcome BBQ buffet with drinks
- Driving range warm-up, including putting green

- 18 holes of golf, four ball shotgun
- Team up with an SAFC representative
- Prizes for 'nearest the pin', 'longest drive', 'hole in one' and 'best and worse performers'
- Golf buggy per team (14 available on first reserved basis)
- Post-golf drinks reception
- Three-course dinner served in the Orangery
- Close-of-play presentation

Upon email confirmation, you will receive a full itinerary with further details to be sent out in the build-up to the event.

Accommodation is also available upon request, with rooms priced at £60 per single room and £70 per double room, with breakfast included

To book a team, please contact Sharon.ewart@safc.com or call 07387 022 384.

'SAFC 'TIL I DIE' NOMINATED FOR NATIONAL AWARD

Season one of Fullwell 73's 'Sunderland 'Til I Die' has been nominated for Best Docu-Series at the upcoming National Reality TV Awards.

The highly-popular and critically acclaimed fly-on-the-wall documentary series was met with widespread praise in both the footballing and television worlds, as viewers were gripped from the North East to North America.

From the terraces to the training ground, the eight-episode rollercoaster showcased exactly what sets SAFC apart from the rest, as the red and white army's unwavering passion took centre stage.

Now streaming on Netflix UK, 'Sunderland 'Til I Die' will go head-tohead with the likes of Our Planet and Gogglebox, and online voting is now

For more information on how to vote, please visit safc.com.







CLUB UPDATE

PDATE

CASTLETREK FUNDRAISERS WELCOMED TO STADIUM OF LIGHT



SAFC welcomed a group of intrepid current and former servicemen to the Stadium of Light earlier this month, during the latter stages of a mammoth 470-mile walk to raise funds for the Royal British Legion and the Household Cavalry Foundation.

The CastleTrek team walked from Windsor Castle to Edinburgh Castle, with two sets of bagpipes in tow. The group, made up of current and ex-Household Cavalry servicemen and civilians, departed from Windsor Castle on 29 July, covering the distance in two sub-teams that passed the bagpipes between them like a baton at each handover point.

This mammoth mission culminated on 7 August at the world-famous Royal Edinburgh Military Tattoo.

All funds raised will go towards the support and rehabilitation of injured soldiers, some of whom are very good friends of the team, who bear mental and physical injuries, as well as to soldiers, ex-soldiers and families affected by injuries and death sustained from operations in Afghanistan, Iraq, Northern Ireland, the Falklands and Bosnia.

"I'm a massive champion for the Royal British Legion in that there is all sorts of work they do for the Forces community and not just soldiers serving past or present," said team leader, Martin Semple.

"I also want to raise awareness for the RBL in that it's more than just Remembrance Sunday, it's more than just a poppy, it's more than a couple of old boys in blazer and gauntlets carrying the standard.

"It's modern and it's constant all year round. It manages welfare, mental health, physical injuries, re-homing, jobs and so on, and that's what I want to get across."



GET KITTED OUT

SAFC's 2019-20 campaign is underway and you can get your hands on the new training wear range, as worn by the Lads, at www.safcstore.com and in the Stadium of Light club store.

The new adidas range will be worn by club players and staff on the training ground, whilst travelling and during matchday warm-ups

Items available within the range are the popular polos, t-shirts, shorts and the tracksuits you'll see the players wearing over the course of the season.

Fans can check out the full training wear range, as well as the 2019-20 home and away kits, online at www.safcstore.com now!















LIFE'S GREATEST GIFT

LYNDEN GOOCH SPEAKS TO RED & WHITE'S SAM LIGHTLE ABOUT BECOMING A DAD AND FORGING A SUCCESSFUL CAREER AT THE CLUB HIS BABY BOY WILL GROW UP TO SUPPORT.

ecoming a father is said to be one of the greatest things in life.

While it doesn't come without plenty of hard work

and sleepless nights, the birth of your first child surely does change your life forever.

That's what Lynden Gooch found out when his partner gave birth to their baby boy in February 2019.

Just five weeks after penning a new contract at the Stadium of Light, the American youngster's life changed dramatically.

"It's been up and down but I've loved every second of it," he smiled.

"I absolutely love it because there's nothing better than looking after your own kid and hopefully I can keep performing well on the pitch too.

"It was tough at the start because my missus couldn't do as much at the beginning, so it was all about trying to do a lot to help her out.

"That was always the most important thing I needed to look after. Of course, I need to focus on my football so you have to find a balance, but I can only learn from it.

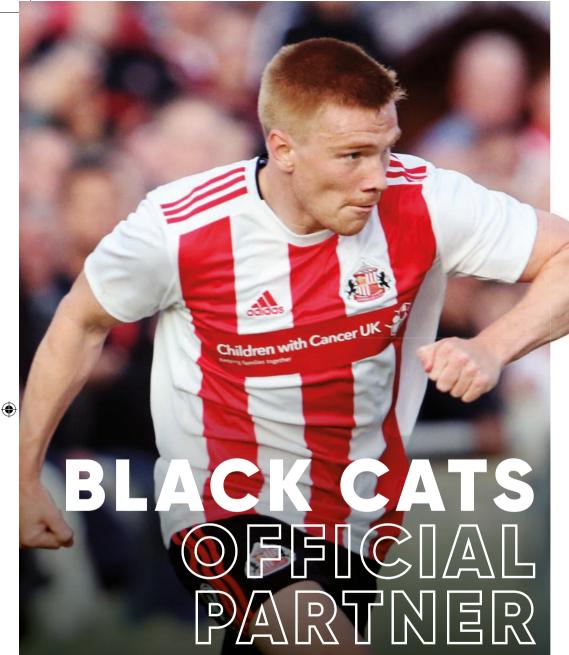
"I signed a new contract at the beginning of the year and then became a dad shortly after. A lot happened so quickly, and I think if I'm being honest it was a tough transition to try and manage the both, but I'm getting more used to it as time has gone on."

Gooch began last season in scintillating form and before too long he'd racked up six goals •

INTERVIEW: SAM LIGHTLE









Proud to be Official Partner of **Sunderland AFC**











However, a challenging Christmas period, along with the birth of his first child, coincided with a dip in form.

The 23-year-old was able to contribute just one more goal - which came against Manchester City in the Checkatrade Trophy - between the New Year and the end of the season.

But Gooch has refused to make excuses for his downturn, instead being honest and realistic as he reflects on the last few months - something he's keen to address during this campaign.

"My performances did slip but that's just something I need to learn from," he acknowledged. "It's part of life, you go



"IT'S PART OF LIFE, YOU
GO THROUGH PATCHES
WHEN YOU ARE PLAYING
WELL EACH WEEK,
EVERY GAME, AND
OTHER SPELLS WHEN
THINGS DON'T ALWAYS
FALL YOUR WAY"

through patches when you are playing well each week, every game, and other spells when things don't always fall your way.

"I suppose I've learnt to understand why that is and what I can do about it to try and make my game more consistent, hopefully I have turned a corner now.

"I wouldn't say my performances dropped off because I had a baby," he continued. I think that's probably just a coincidence. Last season was the first season of my career I'd played every game, week in week out - especially in the first part of the season - so it was tough.

"It's something I had to get used to and maybe things just caught up with me







in the second part of the season but hopefully this campaign I will be better off for it."

Fully refreshed after a summer break and a positive pre-season, Gooch hasn't wasted any time in hitting the ground running this term as he looks to rekindle his form.

With two goals in as many league games already, the American is slowly getting back to the high standards he's set for himself, determined and itching to make amends for last season's end result.

"I don't know really what it is about the start of the season that means I seem to find form," he confessed.

"Maybe it's just coincidence but I always do my best to come back fully fit and raring to go for pre-season.

"I FEEL GOOD AND
SHARP AT THIS
MOMENT IN TIME. I'VE
BEEN FOCUSING ON
JUST TRYING TO DO
THE BASICS IN EACH
TRAINING SESSION
AND EVERY GAME"



"I think a good pre-season always helps and hopefully I can stay fit, stay healthy and not get little niggles. That's probably what halted my progression last season - ultimately, it's up to me to make sure I keep performing each week.

"I feel good and sharp at this moment in time. I've been focusing on just trying to do the basics in each training session and every game. I've scored two goals so far this season - both in league games - so I'm feeling confident going into every game and I just want them to keep coming."

Today's visitors Portsmouth provide Sunderland with their third game in seven days, as the hectic schedule provides no let-up for the time being.

As the Lads' search for their first league win continues, the American - who is





LYNDEN GOOCH

ZZ334QCZZ

a product of the club's academy - has admitted everyone inside the dressing room must take responsibility and ensure that elusive win comes sooner rather than later.

"We're two games in and things do take time. Our first-half performance on Saturday against Ipswich wasn't good enough and everyone knows that," he

"We played better in the second 45 and got our rewards for it. Against Oxford, we got into good areas but weren't clinical enough with our final ball or finish. As a group we take responsibility for that, it's up to us to make sure positive results fall our way."

And with the added responsibility of being a father now, Gooch is determined to be successful at Sunderland and rewrite the wrongs of **"EVERY TIME I SCORE** AT THE STADIUM OF LIGHT IT MEANS THE **WORLD. ESPECIALLY** NOW WHEN I KNOW MY SON IS IN THE STANDS"



"Every time I score at the Stadium of Light it means the world, especially now when I know my son is in the stands," he admitted.

"Having him there, knowing he is going to grow up as a Sunderland fan is just the best feeling. He'll probably have a lot of stress in his life because of it and I'm not sure he will thank me when he is older, but it honestly means the world to me.

"I work hard to provide for my family, just like every dad does. We just missed out last season which was really hard for everyone to come to terms with.

"We have two points on the board so far and while there's some negativity, we're determined as a group to go one better this season and ensure we achieve our goal. It's our only goal this season because a club this size needs to be successful." 🚨



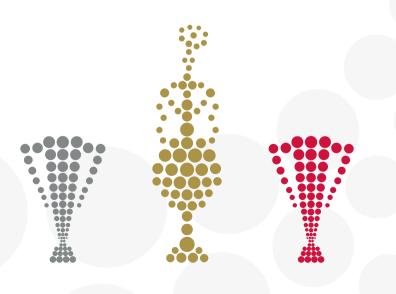






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LEAGUE ONE PREVIEW

he League One season is well and truly underway now with most sides having played two fixtures.

Of course, the major talking point has been the fact that Bury have yet to play a fixture and football fans across the country will be hoping that their situation has a positive resolution.

Aside from that though, three sides are currently sitting pretty at the top of the division with maximum points: Blackpool. Lincoln City and Fleetwood Town hold that honour.

Elsewhere, Wycombe, Rochdale, Ipswich, Oxford and Coventry all sit with four points, while Sunderland and Doncaster also remain unbeaten but without a victory.

At the bottom of the table sit Bury and Bolton on -12 and -11 respectively - and still yet to pick up a point is Southend, Peterborough, Tranmere, Accrington Stanley and AFC Wimbledon.

This weekend there is a full quota of fixtures to look forward to, starting with our game today at 12.30pm against promotion hopefuls Portsmouth.

Blackpool host Oxford as two of the early front runners meet in what should be a mouth-watering clash.



At the other end of the spectrum, two pointless sides meet at Kingsmeadow as Wimbledon host Accrington.

Tranmere welcome Bolton to Prenton Park, with the visitors looking to build upon the most unlikely of points last weekend, as they drew with Coventry despite having an average squad age of

Other eye-catching fixtures include slow-starters Peterborough hosting Ipswich. Both sides will look at that game as a measuring point for where they are and Darren Ferguson's Posh will be desperate for a victory to halt their early season skid.

Newly-promoted Lincoln will fancy their chances at maintaining their 100 per cent record as they host out of sorts Southend at Sincil Bank. A victory for the Imps will no doubt lead to considerable comparisons between them and last season's title winners Luton Town.

Other matches around the division include Burton Albion hosting fellow promotion hopefuls Rotherham United at the Pirelli Stadium, Doncaster Rovers facing 100 per cent Fleetwood at the Keepmoat Stadium and troubled Bury hopefully welcoming Gillingham to Gigg Lane.

TODAY'S OTHER LEAGUE ONE FIXTURES

(KICK-OFF 3PM UNLESS STATED)

AFC Wimbledon vs Accrington Stanley, Blackpool vs Oxford United, Burton Albion vs Rotherham United, Bury vs Gillingham, Coventry City vs Bristol Rovers, Doncaster Rovers vs Fleetwood Town, Lincoln City vs Southend United, Peterborough United vs Ipswich Town, Shrewsbury Town vs Rochdale, Tranmere Rovers vs Bolton Wanderers, Wycombe Wanderers vs MK Dons









PORTSMOUTH

AHEAD OF THIS AFTERNOON'S FIXTURE WE ASSESS THE DANGERS POSED BY KENNY JACKETT'S SIDE

ortsmouth come to Sunderland for the third time in the last four competitive home games. For a long time last season it looked as if either or both clubs would be promoted, and this campaign today's teams again have ambitions of elevation. This afternoon's game has something of a heavyweight tag to it and both sides will be eager to get the better of each other.

Ignore Pompey's opening-day defeat at Shrewsbury. Pompey dominated possession, had 15 shots to the home side's three, 10 corners to the Shrews' one and lost 1-0 to Salop's only effort on target effort, despite Kenny Jackett's men finishing with 10 men when Ross McCrorie was dismissed after a foul on Donald Love. Since then Pompey have demolished Birmingham and Tranmere by an aggregate of 5-0, Ben Close scoring screamers in each game. Make no mistake about it,

"POMPEY HAVE
DEMOLISHED BIRMINGHAM
AND TRANMERE BY AN
AGGREGATE OF 5-0, BEN
CLOSE SCORING SCREAMERS
IN EACH GAME"

Pompey are ready for the battle ahead. They made it clear how they mean to go on after last season's disappointment by winning their first pre-season friendly 11-0 - and maintained a 100 per cent record in five pre-season away games.

Jackett has been busy during the summer. Departures included top centre-back Matthew Clarke to Brighton, while wide-man Jamal Lowe stepped into the Championship with Wigan. Despite those departures, if anything Pompey are stronger this time around. Incoming players include marquee signing John Marquis, who hit 21 league goals for Doncaster last term. Other newcomers include Marcus Harness who was a handful here for Burton late last season, Ellis Harrison from Ipswich, who already has two goals, and the highly-rated McCrorie on loan from Rangers, as well as defender Paul Downing borrowed from Blackburn.

After today's fixture Portsmouth entertain Coventry on Tuesday, but before their scheduled trip to early leaders Blackpool they have next Saturday's scheduled home game with Rotherham postponed due to a clash with a local event called the Victorious Festival. Whether Pompey are on course for a Victorious Festival of their own come the end of the season, today's match will go some way towards dictating.

HEAD-TO-HEAD v SUNDERLAND



W**38** D**36** L**33**

LAST FIVE MEETINGS















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THE BOSS



KENNY JACKETT

BORN: WATFORD 5 JANUARY 1962 PORTSMOUTH GAMES: 118 PREVIOUS CLUBS: WATFORD (1996–97) SWANSEA (2004–07) MILLWALL (2007–13) WOLVES (2013–16) ROTHERHAM (2016) Sunderland will always have a special place in the Kenny Jackett story. As well as managing Portsmouth against the Wearsiders in last season's Checkatrade Trophy Final, he made his league debut against Sunderland for Watford back in 1980 - the memory may be mixed as promotion-bound Sunderland won 5-0.

The son of a former Watford player, Jackett junior played more than 400 games for the Hornets - including the 1984 FA Cup Final - until injury curtailed the playing days of the Wales international at the age of 28.

In a managerial career that stretches back to 1996 Jackett has established himself as a serial winner. Four of the six clubs he has taken charge of have achieved success. Of the two exceptions, one was at Rotherham where he only stayed for five games. At

Swansea, in addition to two Welsh Cups he won the Football League Trophy he claimed again with Pompey. He was also a Wembley winner with Millwall, winning the League One Play-off Final in 2010.

Four years later he was again a League One promotion winner, but this time with no need for play-offs as his Wolves team took the title with 103 points. That season he shared the League One Manager of the Year award. He has also won seven Manager of the Month awards.

With another promotion on his CV during his time as assistant to Ian Holloway at QPR, as well as one as a player with Watford, he knows what it will take to elevate Pompey this term.









CRAIG MACGILLIVRAY

Outstanding against Sunderland last season, everyone on Wearside knows how difficult it will be to score against the 26-year-old who is likely to rival John McLaughlin for a place in this season's PFA Select XI. Perthshire-born MacGillivray will hope to follow his Sunderland counterpart into the Scotland international squad. Oddly both MacGillivray and McLoughlin list Harrogate Railway and Harrogate Town on their respective CV's with the Pompey custodian having also been on the books of Shrewsbury, Walsall and Stalybridge Celtic. Now in his second season at Fratton Park, he was ever-present in his initial campaign with the club. Portsmouth's shoot-out hero in the Checkatrade Final against Sunderland, he had previously been an unused sub in the final for both of his earlier leaque clubs.



CHRISTIAN BURGESS DEFENDER

A former youth team team-mate of Charlie Wyke at Boro, where he played while completing a history degree at Teesside University. Burgess had initially been with Arsenal and then Bishops Stortford when he commenced his studies at the University of Birmingham. Later played regularly alongside Jack Baldwin at both Hartlepool and Peterborough, he's now in his fifth season at Fratton Park.



ROSS McCRORIE MIDEIELDER

The 21-year-old is on loan from Rangers, where he made 30 appearances last season. Seven of these were in the Europa League, with another seeing him go in goal after Allan MacGregor was sent-off. McCrories' twin Robby is on the books at Ibrox as a 'keeper! Highly-rated by Rangers boss Steven Gerrard, McCrorie was sent-off on his Pompey debut on the opening day of the season at Shrewsbury.



SEAN RAGGETT DEFENDER

Currently on a season-long loan from Norwich City. Began with Dover, moving to Lincoln City in 2016, winning promotion to the Football League after his first campaign at Sincil Bank. Within six months he had climbed into the Championship with the Canaries. Last season was spent on loan with Rotherham, with whom he played in cup games at Everton and Manchester City.



PAUL DOWNING DEFENDER

Played at the Satdium of Light in April for Doncaster, having spent the first half of last season with Blackburn who he is on loan to Pompey from. Downing will hope to emulate his feat of promotion from League One, which he managed with Rovers two seasons ago. Started at West Brom, later having four years as a Walsall regular following several loans. He also had 18 months with MK Dons.



RYAN WILLIAMS MIDFIELDER

Recently capped Australia international who signed for Pompey this summer after seven-and-a-half years away from Fratton Park, where he began his career in 2010. A promotion winner from this level with Rotherham two years ago, Williams was a team-mate of fellow newcomer Sean Raggett with the Millers last season. Has also been on the books of Fulham and Barnsley.



JAMES BOLTON DEFENDER

Newly signed from Shrewsbury, he made his Pompey bow back at his old club on the opening day of this season. Known in these parts through spending the 2016-17 season with Gateshead for whom he played 39 times, scoring his one goal for them three years ago this weekend. Turned 25 earlier this week, he started with Macclesfield and Halifax and played at the Stadium of Light last year for the Shrews.









OLIVER HAWKINS

The 6ft 4ins forward was previously with Dagenham & Redbridge, who he joined in January 2016 after working his way to League Two level following stints with a non-league quartet. Made one of his early EFL outings against Pompey and moved to Fratton Park two years ago after dropping out of the league. Reached double figures on the goal-charts last term, having appeared in 48 games.



MARCUS HARNESS MIDFIELDER

New signing who impressed at the Stadium of Light in April for Burton and evidently caught the eye ten days later against Pompey. Right-footed, Harness operates on either flank and at times can go past defenders at will. Started 2019 with a hat-trick at Rochdale. He debuted for the Brewers as a 17-year-old and had a series of loans, culminating in spending the season before last with Port Vale.



ANTON WALKES

Now in his second season after switching from Spurs, for whom he made his only appearance three years ago next month. Subsequently loaned to Atlanta United and Portsmouth, he played in the MLS side's inaugural competitive game and scored on his Pompey debut in February 2018 before making the move permanent. Played in two of the five meetings with the Lads last season.



ELLIS HARRISON FORWARD

Burst onto the scene with two Carabao Cup goals on his home debut against Birmingham earlier this month. Last season his solitary goal for Ipswich came against Premier League-bound Sheffield United. The former Wales Under-21 had joined the Tractor Boys from Bristol Rovers, where he had scored over 50 goals in just over 200 appearances in a lengthy spell punctuated by a brief loan to Hartlepool.



BEN CLOSE MIDEIELDER

Portsmouth born 22-year-old who is Pompey's Young Player of the Year. He didn't score for Portsmouth until his 43rd appearance and netted just three in his first 99 games, but since February has discovered the goal touch with ten in his last 22 appearances. Now likes to shoot on sight and scored crackers in each of his last two games. Close played nine games on loan to Eastleigh in the Spring of 2017.



BRETT PITMAN FORWARD

Club captain with 174 career goals to his name, 37 of those for Pompey. Debuted 14 years ago this month for Bournemouth but really burst onto the scene with 28 goals in 2009-10 when the Cherries were in League Two. Returned to Bournemouth after a big money move to Bristol City saw him mainly benched. He is approaching 500 league games, with over 200 of those as a substitute.



JOHN MARQUISFORWARD

An impressive 26 goals for Doncaster Rovers last season made Marquis one of League One's hottest properties. On the eve of this season Portsmouth were reported to have agreed a fee of £2million to bring him back to Fratton Park, after he scored twice in five appearances six years ago during a loan stint at Pompey from his first club Millwall - where he had been given his debut by Kenny Jackett, now in the Pompey dug-out. After a series of loans and niggling injuries it was after Marquis moved to Doncaster three years ago that he really began to blossom in front of goal. Some 26 goals in League Two fired Rovers to promotion, after which he registered a healthy tally of 15 at the higher level before matching that magnificent 26-goal total again last term to prove he's one of the





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PLAYED FOR BOTH

ROB MASON CHOOSES A PAIR OF PLAYERS WHO
HAVE SERVED BOTH OF TODAY'S CLUBS









KEVIN BALL SAFC APPS: **340** / PORTSMOUTH APPS: **128**

Since coming to Sunderland in 1990 from Portsmouth Kevin Ball has been devoted to the club. Other than brief spells at Fulham and Burnley at the end of his career 'Bally' has been a gigantic influence at SAFC. As a captain he was as good as anyone.

No-one at Fratton Park needs to know of Ball's qualities as a skipper at Sunderland. He had already excelled on the south coast, playing 128 times, winning promotion in 1986-87 and being Pompey's Player of the Year a year later in the top-flight.

Such awards became commonplace once 'Bally' moved to the North East. He did the double of the official club award and the Supporters' Association accolade in his first Wearside campaign in 1990-91. Further SAFCSA gongs followed in 1993, 1995 and 1997. By the time he made his 388th appearance for Sunderland as the decade drew to a close 'Bally' had put a marker down on being thought of as 'Super-Kev' before Phillips came along.

Converted from centre-back to centre midfield during his time at Sunderland, 'Bally's' brilliance stemmed from his unsurpassed commitment. It wasn't just his own but the extra effort he invariably got from anyone privileged enough to be asked to wear the shirt. His later contribution as Under-18s manager helped to bring millions of pounds into the club, not least from the two Jordans currently starring for England.

SULLEY MUNTARI SAFC APPS: 9 / PORTSMOUTH APPS: 29

The fact that other than Sunderland and Portsmouth Muntari can list both Milan clubs on his CV, as well as 84 full international appearances, illustrates that in terms of ability the Ghananain midfielder could hold his own with the best.

Muntari scored 20 times in winning those 84 international caps, including goals in the first two of the three World Cups he played at.

Silverware included the World Club Championship, the Champions League, a couple of Serie A titles, two Coppa Italias - and the FA Cup won with Portsmouth in 2008. From Pompey, Muntari moved to Inter and it was from them that he came to Sunderland on loan in January 2011.

Signed by Steve Bruce, he debuted at Stoke at a time when Sunderland were sixth in the Premier League. Despite this just a single point was taken from his first five matches and he soon found himself on the bench.

There would be just two more starts, and two as sub, although he did sign off with a winning goal at Bolton with virtually his last kick as a Sunderland player - albeit it was officially recorded as an own-goal by Zat Knight.

He never seemed happy at SAFC and had his problems elsewhere, being sent home from the 2004 Olympics and suspended by his own FA at the 2014 World Cup.







BEHIND ENEMY LINES

WE CAUGHT UP WITH POMPEY FAN AND PODCASTER HUGH BUNCE AHEAD OF OUR GAME TODAY.

WELL HERE WE GO AGAIN, SUNDERLAND AGAINST PORTSMOUTH. WHAT DID YOU MAKE OF OUR FIVE ENCOUNTERS LAST SEASON?

Playing each other five times last season, no other teams in League One know each other better than Portsmouth and Sunderland. It has been a tactical match-up between Kenny Jackett and Jack Ross, with both managers making adjustments after each game to combat the other side's strengths. In the first match at Fratton Park, a red card may have turned the game in Pompey's favour, however, it highlighted Sunderland's defensive frailties at centre-back.

Oliver Hawkins continued to cause havoc against Sunderland in the Checkatrade Trophy Final after a bright start from Sunderland. It was over to Ross to find a way of neutralising Pompey's physical forward. Prior to the sides' next encounter, Ross installed Alim Öztürk into the heart of the Sunderland defence tipping the balance of power in Sunderland's favour. Hawkins suddenly looked far less effective and the teams were evenly matched at the Stadium of Light. Much to the dismay of the Fratton faithful. starting Chris Maguire in the play-offs provided a lethal edge to Sunderland. Ultimately Pompey were out of gas,



out of ideas and out of the play-offs in the semi-finals against a well organised Sunderland team.

POMPEY HAVE SEEN A COUPLE OF KEY PLAYERS LEAVE IN MATT CLARKE AND JAMAL LOWE. HAVE YOU REPLACED THEM SUFFICIENTLY?

Losing both top scorer Jamal Lowe and Pompey Player of the Season Matt Clarke would have been a massive blow to the side if Kenny Jackett had not moved to replace them. Luckily for Pompey, Jackett has done an incredible job this summer in improving the squad. While not as much of a goal scorer as Lowe, Marcas Harness' arrival

from Burton Albion for a fee of around £800,000 is a direct replacement for Lowe. Harness brings as much attacking flair to the team, through his dribbling, possession and playmaking skills. While Lowe had more shots on goal than Harness per 90 minutes, he has been more successful setting up team-mates and creating dangerous chances. Pompey fans have already seen flashes of brilliance from the new midfielder, who has all the potential to be a star in the Championship.

Making up for the loss of Lowe's 17 goals last season, Jackett swooped for Doncaster Rovers striker John Marquis for a fee reportedly up to £2million. Pompey have been crying out for a





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top striker and will be hoping Marquis continues his incredible scoring record, of which he got 22 goals in League One for Doncaster

Jackett again looked to a former Doncaster player to fill the void of an integral part of last year's team, Matt Clarke. Paul Downing was signed on a free transfer from Blackburn after spending the second half of the season on loan at Doncaster. Composed and experienced at this level. Downing has looked very good so far in a Pompey shirt. Although not as technically gifted as Clarke, Downing still looks a fantastic player in League One. Sean Raggett, a powerful towering 6ft 5ins defender, was also brought in on loan from Norwich to strengthen squad depth in a crucial position.

LAST SEASON YOU CAME VERY CLOSE TO PROMOTION, DO YOU THINK THE TEAM IS BETTER POISED TO GO UP THIS TIME AROUND?

We are only two games into the season, however, so far, Pompey's squad looks significantly stronger than last season, despite losing Clarke and Lowe. campaign, Pompey looked tired and ran out of gas as the season progressed.
Jackett has looked to address that by adding more balance and squad depth to the team, enabling more squad rotation and ultimately stamina for the duration of the campaign.

Ross McCrorie arriving on loan from

After a flying start to last year's

Ross McCrorie arriving on loan from Rangers looks like another fantastic player in the heart of midfield, adding to the combative nature Tom Naylor brings with a little more offensive potential. Andy Cannon, who signed in January from Rochdale, is finally fit and provides another option for the number 10 or central midfield role.

Ryan Williams' arrival from Rotherham gives the attacking wingers another player to share their workload with.

LOOKING AT SUNDERLAND, DO YOU SEE THEM AS YOUR MAIN COMPETITORS FOR PROMOTION?

Despite lavish money being spent by Peterborough this summer, Sunderland is undoubtedly Pompey's biggest threat to promotion this season. You already had a deep squad and have had a fantastic summer, recruiting George Dobson and Marc McNulty in particular. Dobson's passing ability should enable Sunderland to open teams up more effectively. Former Pompey player McNulty should take the workload of Aiden McGeady in putting opposition to the sword and turning 1-1 draws into wins.



WHICH PLAYERS WOULD YOU TAKE FROM SUNDERLAND TO PUT INTO THE POMPEY SIDE?

The obvious choice is Aiden McGeady, who was one of the best players in League One last season. Who would not want him in their team? Chris Maguire would also look great in a Pompey shirt.

WHERE DO YOU SEE EACH SIDE FINISHING THIS SEASON?

I believe both sides will be promoted automatically. There we go, I said it, no pressure... It will be incredibly close, but Pompey looks the more complete team now. Pompey 1st and Sunderland 2nd.

FINALLY, WHAT IS YOUR SCORE PREDICTION FOR THE GAME?

It is always difficult to get a win at the Stadium of Light, but I think Pompey will edge this one 2-1.







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ROLL BACK

CLUB HISTORIAN ROB MASON DISSECTS A
A PROGRAMME FROM THE PAST

oday's programme roll back comes from a time when the Lads and Pompey were heading in different directions. The final game of the 1975-76 season saw the Fratton Park faithful already committed to relegation, while Sunderland had already sealed promotion and victory here secured Bob Stokoe his second trophy at Sunderland - the Second Division championship. Sportingly Portsmouth formed a Guard of Honour to welcome the Wearsiders onto the pitch.

COVER

Roy Greenwood - a player once banned from the team-picture by Bob Stokoe because he wouldn't shave off his beard - adorns the cover. In a sign of the times the cover also has a flash advertising the A & P Lucky face. This was simply a photo with a supporter's face circled with the lucky winner receiving £S. The sponsors A & P were Austin & Pickersgill the shipbuilders. Yes Sunderland still built ships!

PRICE & PAGINATION

The programme had doubled in price since 1970-71 and the previous issue featured in this series. Full colour had also been introduced - although just for the cover photograph. Although the size of the page had varied since 1970-71, by 1975-76 the Roker Review was back to the size it was at the start of the decade, i.e. 23x17.5 cm, with 16 of those pages for 10p. The Roker Review was compiled, designed and printed by Inkerman Publications of Southwick.



"FULL COLOUR HAD ALSO BEEN INTRODUCED
- ALTHOUGH JUST FOR THE COVER
PHOTOGRAPH..."







CONTENT

Manager Bob Stokoe did not have a column. Neither did any of the players and there were no interviews. The main body of content came courtesy of Doug Weatherall, for many years a highly esteemed contributor. Doug's column rounded up recent events. Always one to know what was going on from the inside Doug relayed a conversation with director Dixie Thompson, while they sipped Lanson Black Label in the dressing room after the Easter Monday match with Bolton which had sealed promotion. Other than Doug's column though and the perfunctory Pompey pages there wasn't much reading matter in the publication.

Half a page was devoted to a column called 'Looking Back.' In this issue this feature was focussed on the end of





the 1950-51 season, i.e. a quarter of a century back in the past. The teams were listed on the centre pages along with a brief write-up on the referee, the league table, an action pic (showing Sam Allardyce against Sunderland in the previous home game) and a mention of Bobby Kerr's forthcoming testimonial match against Leeds.

Perhaps the most interesting item to be found in the issue comes in the form of a Heaton-based supporter, a J. Pearson. The correspondent looks ahead to the return to the top-flight and proposes numerous long overdue ground improvements. One of these enlarging exits in order to avoid, '...the fear of being crushed...' Given the events at Hillsborough over a decade later this observation seems somewhat prescient.

VISITORS

Two of the 16 pages were devoted to the visitors, albeit the action pictures on that spread were of Sunderland not Portsmouth. There was a team group of the Pompey squad, however, together with pen pictures of 16 of their players. In those days there was just a single sub so covering 16 players gave ample opportunity to feature everyone likely to play. Other than the pen-pics the only coverage of Pompey's plight was in a topical round-up of divisional news. There was no mention of the visiting manager, ex-Liverpool legend Ian St. John.



ADVERTS

A total of three pages - including the last two - were given over to ads. Only Ford dealer Peter Garven's half-page back cover advert was bigger than a quarter page ad - you could have a 1976 Ford Escort from £1,349.

MATCH FACTS

Saturday 24 April 1976 | Attendance: 40,515

SUNDERLAND 2 0 PORTSMOUTH

Joe Bolton 28', Billy Hughes 31'





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DUG-OUT DEPUTIES

CLUB HISTORIAN **ROB MASON** TURNS THE SPOTLIGHT ON FORMER ASSISTANT MANAGERS AND COACHES

underland played Benfica
(Benfica B) and Belenenses in
pre-season. John Mortimore
managed both of them - as
well as today's visitors Portsmouth.

Born in Farnborough 85 years ago next month, Mortimore was capped by his country at youth and amateur level. He began with Woking (where his brother Charlie was the star centre forward) and also played for Aldershot as an amateur before a decade as centre-half with Chelsea from 1956-65.

The first and last of his 279 games for the Blues were both against Blackpool, nine years apart almost to the day. The first of two appearances at Sunderland saw him play in the crucial game at the end of the 1962-63 season which led to Chelsea pipping Sunderland to promotion. He also won the League Cup, playing in the final as Chelsea won the trophy in his final season.

Mortimore moved across West London to QPR in September 1965. His final senior appearance came against Walsall the following month prior to coming to Sunderland as a coach in March 1966, working under manager lan McColl. It was while he was with Sunderland that Chelsea staged a Testimonial for him in November 1966 against a London XI. Mortimore became a manager himself but had to go to Greece to become number one, taking over at Ethnikos Piraeus in 1971-72.



Five days after Sunderland won the FA Cup in 1973, Mortimore was appointed as manager of Portsmouth, where his third home game was a 1-1 draw with Bob Stokoe's Sunderland. His side were well beaten 3-0 at Roker the following March.

Under Mortimore Pompey reached the fifth round of the FA Cup but finished 15th and he left after a single season. In 1976 he became manager of Benfica due to a recommendation from the FA. At the original Stadium of Light Mortimore had no less a figure than Eusebio on his coaching staff. Under Mortimore Benfica won the league in his first season and were runners-up in the following two campaigns.

Returning to England he became a PE teacher but returned to Benfica for a second spell in 1985, taking the club to

the Portuguese Cup and runners-up in 1985-86 before doing the double a year later. 1987-88 saw a move to Spain with Real Betis who narrowly avoided the relegation play-offs.

Mortimore made a speedy return to Lisbon, this time with Belenenses, but he left before the end of the season in which they went on to win the cup. Mortimore's final stop in a long career took him to Southampton where he served as assistant manager, had a spell as caretaker boss in 1994 and even became Club President.

In recent years an advocate of Walking Football, in 2012 he was given a standing ovation by both sets of supporters when he was guest of honour at a Champions League quarter-final between Chelsea and Benfica.









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ROB MASON PAYS TRIBUTE TO THE GREAT AND THE GOOD OF SUNDERLAND. THIS WEEK MOURNING JOHN DILLON'S PASSING

t was with enormous sadness that I took a call last Sunday morning to tell me John Dillon had passed away. He scored his only goal against Portsmouth in a 4-1 win in January 1961. John played before my time. His 23 appearances came in a 13-month spell from September 1960, but I was lucky enough to get to know him in later life and he was one of the nicest people you could wish to meet. He was also one of the former players who was literally Sunderland 'til he died, a Glaswegian who was red and white to the core.

Dillon played in an era when footballers didn't get paid fortunes. His richness came from the fact he'd worn the red and white stripes. It was something he treasured. For years John had made regular trips to Wearside to see the Lads. At Wembley for the 2014 Capital One Cup Final I spotted him amongst the throng, in with the supporters almost none of whom would realise they were having a pint along with someone who had played in a famous FA Cup quarterfinal for Sunderland.

That 1961 match with Spurs saw John come so close to getting what would have been a winner. Sunderland's scorer in that 1-1 draw was Willie McPheat.
Like Dillon, McPheat was a young Scot making his way in the game. McPheat's top level career was cut short by a



broken leg, but Willie and John remained life-long friends. Until McPheat died last April he had spent recent years in a nursing home in Glasgow, where Dillon made regular trips to see his old teammate. Friday afternoons would see John take two buses to sit with Willie. Even when McPheat reached the stage where John told me he wasn't sure that Willie knew who John was when he visited, he still made regular journeys to sit with him and keep him company. It was a lifetime loyalty that illustrated that players can have the club at heart as much as supporters.

John also played for Brighton, Crewe, Albion Rovers, Queen of the South, Stranraer and Hamilton, becoming a member of the Albion Rovers' Hall of Fame. He didn't play enough games to warrant a place in Sunderland's Hall of Fame but in my personal one he sits at the top table.

GREAT GATE

The 33,498 who turned up for the opening home game of the season was higher than any other league gate in the country that weekend. Despite the disappointments of recent seasons supporters' loyalty should be commended. It was the highest opening league gate outside the top-flight since the 38,827 who saw the first ever league game at the SoL against Manchester City in 1997. As that was the second game of the season following an away match the gate v Oxford was Sunderland's highest opening-day gate outside the top-flight since 1962, when 48,106 saw a Wear-Tees derby.







ELLIOT EMBLETON

FROM FAVOURITE CAREER MOMENTS AND GREATEST FEARS TO CELEBRITY MATES AND MUSICAL TASTES, RED & WHITE GETS AN ALPHABETICAL INSIGHT INTO THE SUNDERLAND SQUAD

APPEARANCE

Against which team did you make your Sunderland debut? Wolverhampton Wanderers.



BANTER

Who's the biggest ioker in the dressing room? I can't say.



CELEBRITY

Who's the most famous person in your phonebook? Danny Collins.

DESTINATON

What's your favourite place to go on holiday? Greece.



EAT

What's your favourite food? Spaghetti Bolognese but Nando's is nice.



Describe the Sunderland fans in one word? Passionate.



What's been your best strike to date for Sunderland? My goal against Rochdale.



What do you do when you're not playing football? Play the Playstation.



IDOL

Who did you look up to when vou were a kid? Wayne Rooney.



vour favourite sona? Drake - 'God's Plan'.







PLAYER O&A

KEY Who's

Sunderland's key man? Jon McLaughlin.



What made you fall in love with football? I used to like watching it and it was all I used to do.



If you could relive one moment from your career, what would it be? Winning the Toulon Tournament.



NICKNAME

What's the best nickname you've heard in football? 'The Beekeeper'.

OPTIMISM What do you

want to do when you retire? Coach football.



Do you prefer cats or dogs? Dogs.

DUALITY

Who are the best players you've played with and against? Mario Gotze against and with would be Jadon Sancho.



RAPID

Who's the fastest player in the squad? Denver Hume.

SUPPORT

Growing up, which club did you support? Man United.



TV

 \leftrightarrow

What series are you currently watching?

Games of Thrones.



UNKNOWN

Tell us something we might not know about vou? I've been at Sunderland since I was six.



43

VIDEO **GAMES**

Do you have a favourite? 50/50 between FIFA and Fornite.



WIN Your

> favourite win in football? 3-2 over Turkey in the Euros.

XYLOPHONE

Can you play a musical instrument? Nope.

YIKES What's vour

biggest fear? Spiders.

ZODIAC

What's your star sign? Aries.



















GOBEHIND THE SCENES OF OUR CLUB



YOUTUBE.COM/ SUNDERLANDAFC

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IN THE KNOW?

- What is the nickname of West Bromwich Albion?
- Who holds the record for most Premier League appearances by a goalkeeper, having made over 570 outings for clubs including Liverpool and Manchester City?
- 3. Who scored more than 180 Premier League goals for clubs including Fulham and Blackburn Rovers?
- 4. Which Sunderland cult hero cruelly missed out on the 1992 FA Cup Final through injury after playing in every round up to the final?
- 5. Which teams did Sunderland play in each round, up to and including the final, of the League Cup in 2014?

- A. How many sides does an icosagon have?
- B. Which large animal is the only creature thought to produce its own suntan lotion from its natural secretions?
- C. Which 1988 western saw Emilio Estevez play 'Billy The Kid' alongside Charlie Sheen and Kiefer Sutherland?
- D. What is the capital of Peru?
- E. Where in London is there a bronze statue of Charlie Chaplin?

SCORE

ANSWERS: 1. The Baggies, 2. David James, 3. Andy Cole, 4. John Kay, 5. MK Dons, Peterborough United, Southampton, Chelsea, Manchester United & Manchester City; A. 20, B. Hippopotamus, C. Young Guns, D. Lima, E. Leicester Square.





77XX



LITTLE BY

LITTLE BY LITTLE, AIDEN McGEADY IS STARTING TO FEEL LIKE HIMSELF AGAIN FOLLOWING A FRUSTRATING FEW MONTHS IN AND OUT OF THE TREATMENT ROOM.

A

persistent foot injury restricted the winger's game time during the latter stages of the 2018-19 season,

while also disrupting his involvement in pre-season.

But, as he showed at Accrington Stanley on Tuesday evening, he is nearing full fitness and is almost back at his lethal best.

"I've had ongoing problems with it, but right now, it's probably the best I've felt fitness-wise," he said.

"I still feel a bit short of match fitness -I'm okay when I've got the ball, but not as sharp when I haven't - but slowly but surely I'm getting there."

Like McGeady, Marc McNulty opened his account at the Wham Stadium, with the summer signing also providing



"YOU CAN PLAY
ALL THE FOOTBALL
YOU WANT, BUT
PERSONALLY, I THINK
YOU'RE ONLY AS GOOD
AS YOUR STRIKERS,
AND MAYBE YOUR
GOALKEEPER"

an assist to ensure Charlie Wyke's late cameo was a memorable one.

And the Republic of Ireland international is impressed by what he's seen from the on-loan Reading man.

"You can play all the football you want, but personally, I think you're only as good as your strikers, and maybe your goalkeeper," he explained.

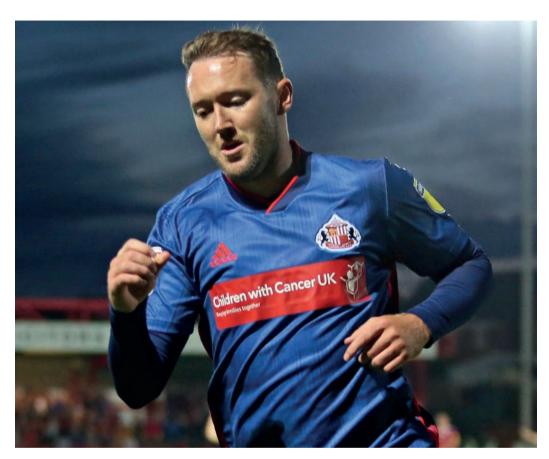
"Marc and Charlie [Wyke] both scored at Accrington and especially for Marc, you want your new strikers to hit the ground running.

"I think his performances so far have shown what he can bring to the club, and at Accrington it was a pretty polished performance - he scored, set one up and hit the crossbar.

"Hopefully he carries on scoring and helps us get to where we want to be this season."



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Today, McNulty will come up against a familiar foe, as his former club Portsmouth arrive on Wearside searching for a second successive League One win.

The Lads faced Pompey on five occasions last season - each one drama filled and action packed - and McGeady is expecting another fiery encounter against Kenny Jackett's side..

"We've started with a couple of draws, and while I know that the pressure is on us to win, you can also look at it and say that we're unbeaten after three games," he said. "WE'VE STARTED WITH A COUPLE OF DRAWS, AND WHILE I KNOW THAT THE PRESSURE IS ON US TO WIN, YOU CAN ALSO LOOK AT IT AND SAY THAT WE'RE UNBEATEN AFTER THREE GAMES"

"Although the expectation was to win those first two league games and make a flying start, we have come from behind twice, and although our performance at Ipswich wasn't good enough, we built some momentum after Tuesday's win in the cup.

"We played Portsmouth a lot last season - I think the games were pretty even - and today's one is a big one, as like ourselves, they will believe they will be vying for promotion at the end of the season again.

"It'll be an interesting game."









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MY FAVOURITE THINGS... CONOR McLAUGHLIN

BEST GOAL, ALL-TIME TUNE AND TOP DESTINATION, RIGHT-BACK CONOR McLAUGHLIN SELECTS HIS FAVOURITE THINGS



(1)

MY FAVOURITE GAME

My debut for Northern Ireland against Italy



MY FAVOURITE GOAL

My goal against QPR for Millwall



MY FAVOURITE STADIUM

Wembley



MY FAVOURITE FOOD

Steak, chips and peppercorn sauce



MY FAVOURITE FILM

Step Brothers



MY FAVOURITE SONG

Chris Brown - 'Excuse me miss'



MY FAVOURITE HOLIDAY DESTINATION

Orlando























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COLUMNIST 5



THE COMMENTATOR'S -CURSE-COLUMN

BBC RADIO NEWCASTLE'S SAGE **NICK BARNES** REVIEWS A WEIGHTY TOME FROM A PHOTOGRAPHER FAMOUS FOR HIS ICONIC SHOTS OF THE FULWELL END

hrough my letter box this week popped 'THE GAME – Revisited'. A weighty tome by the photographer perhaps better known by his working title of 'Homes of Football'.

You will I am sure have come across his work because his photograph of Sunderland fans in the Fulwell End at Roker Park taken in 1996 has become iconic, much as has Stuart's photograph of John Motson in his sheepskin coat standing in the middle of a snow-laden pitch at Wycombe Wanderers.

The photo of the Fulwell End fans is called 'Looking Up' and was taken at a home match with Coventry City. An irony now that Sunderland are indeed looking up and the last time I bumped into Stuart was at the Portsmouth match at Fratton Park in the playoff semi-finals last May.

Stuart and I go back nearly 30 years to when we both lived near Carlisle. I covered Carlisle United and Stuart was just embarking

on his ambitious project which became the 'Homes of Football' to photograph every ground across the country, following the changes to stadiums enforced following the Hillsborough tragedy.

Since then Stuart has produced a fantastic body of work of thousands of photographs and a number of books of which 'THE GAME' is the latest. He has also made a film about Sunderland for a German production company called '11Freunde'. You can view the documentary on the website 'homesoffootball.co.uk'.

Other Sunderland photos with which you may be familiar include the shot of a fan in his red and white stripes striding through the fog across the Wearmouth Bridge; or the young lad suspended on a swing on a pitch-side wall at Roker Park so he can see what's happening.

Stuart's collection is housed at the National Football Museum and as well as football he spends his summers photographing music festivals.



Sunderland fans at Roker Park in 1996

Everyone who knows or has seen Stuart's work has their favourite and I am no exception. Of course I have an affection for his photos of Carlisle United and Sunderland, but my favourite is of an empty Doncaster Rovers dressing room with a tactics blackboard and tea-urn dominant in a scene of abandoned bandages and liniment. It reeks football.



'THE GAME – Revisited' is available from the 'Homes of Football' website





BLACK CATS REVISITED

RED & WHITE'S CONNOR BROMLEY CATCHES UP WITH FORMER BLACK CAT MATTY PIPER TO REVIEW THE FORMER MIDFIELDER'S TIME WITH THE LADS.

SO, HOW DID YOUR MOVE TO SUNDERLAND COME ABOUT?

MP: "I had just broken into the Leicester first-team at the end of the 2001-02 season. I had got in the first-team when Gary Parker, an ex-Leicester player and then reserve manager, took over the team after Peter Taylor was sacked. He promised me leading up to that sacking that if he got the caretaker job, he was going to start me in any game he took charge of because he rated me, whereas Taylor didn't to be honest. He stayed true to his word and he got a game in the League Cup against Leeds United when they had that great team with Harry Kewell, Mark Viduka, Alan Smith and countless others. He started me, we lost 6-0 which was not good. But I got Man of the Match for Leicester."

DESPITE THE RESULT, THAT MUST HAVE FELT LIKE THE OPPORTUNITY YOU HAD BEEN WAITING FOR?

MP: "I thought, 'wow, that is it', as it was all I had been working towards since I was eight. The very next day, Dave Bassett and Micky Adams took charge and they sent me to Mansfield on loan.



"HE TOLD ME THAT
PETER REID WAS A
GOOD MAN AND A
GREAT MANAGER,
SO I DROVE UP TO
SUNDERLAND WITH
MY DAD AND I MET
'REIDY' IN A PUB NEAR
WYNARD"

I spent three months at Mansfield and scored my first league goal against Swansea, before getting recalled by Bassett and playing 16 straight matches in the Premier League. We ended up getting relegated, but I played really well, and I signed a new three-year deal at the end of that season. I went away for the summer, played all the preseason games and was flying, but when we got to the first game, Micky Adams, who had taken the manager's job, said he wasn't going to play me, and he wanted me to have the weekend off because I had bigger and better things coming on Monday morning."

WHAT CAME NEXT MUST HAVE BEEN A WHIRLWIND?

MP: "I thought he meant that I was getting an England Under-21 call-up! So, I got in Monday morning and he said that the club were in a financial situation where they could be going into administration, so they had sold me to Sunderland for £3.5million. I was just absolutely gobsmacked - the club I had been at since I was a boy, and that I had finally gotten into the first-team





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after years of hard work, had sold me. I said straight away that I didn't want to go, and I wanted to stay at Leicester, but the manager said that it was a good move for me and that I could display my talents in the Premier League with Sunderland. He told me that Peter Reid was a good man and a great manager, so I drove up to Sunderland with my dad and I met 'Reidy' in a pub near Wynard. The chief executive was there but he hadn't brought any of the relevant documents to sign me as he thought it was just an initial chat, but 'Reidy' wanted me to sign that day. He put an offer on the table on the back of a beer mat - he wrote out a five-year deal with the figures on it. For me, football was never about the money though and I told them no, even though I really liked 'Reidy' when I met him, as I just wanted to stay at Leicester, but 'Reidy' told me as I left that he would see me again - and he wasn't wrong!"

YOU ARRIVED PRIOR TO THE 2002-03 SEASON, WHAT WAS THE ENVIRONMENT LIKE WHEN YOU GOT HERE?

MP: "I remember reading some press cuttings as I joined, and I saw that someone had thrown a beer over 'Reidy' at a pre-season game. I thought that maybe things weren't going to be that great when I got there, but the team looked strong and they signed Tore-Andre Flo and Stephen Wright, and I looked at the rest of the team and saw Kevin Phillips, Phil Babb, Thomas Sorenson, Niall Quinn, Stefan Schwarz and Gavin McCann. I thought, 'this is not a team that is going to struggle'.













YOUR DEBUT WAS AGAINST MANCHESTER UNITED, OF COURSE, SO NO PRESSURE...

MP: "My first game was against
Manchester United and we drew 1-1,
I played really well and felt good. I
thought the result showed that we
were a good team and that we were
going to do well. I got in the England
Under-21 team within six weeks of
signing, so everything was going well
for me personally. I realised shortly after
joining Sunderland that it is where I
wanted to be, as I loved playing in the
Premier League, despite the fact that I
left my boyhood club to come here."

WHAT WAS THE TRANSITION LIKE FROM PETER REID TO HOWARD WILKINSON?

MP: "I was surprised at how early the club got rid of 'Reidy' because, yes, we had started to draw and lose games,

but the Premier League is a tough place to play. I was away with England at the time when the news broke, and I was shocked. I didn't think Howard Wilkinson was the right fit for the club at the time. It just didn't seem right from day one. He wasn't my cup of tea and our personalities clashed. For me, it never really worked. I know he was brilliant previously, but I felt like his time had come and gone as a manager. Tactically he was poor, and he wasn't built to get wins in the Premier League."

"THERE WAS NO
CONDESCENDING, NO
MIXED MESSAGES –
IF YOU PLAYED WELL
HE WOULD TELL YOU
AND IF YOU DIDN'T HE
WOULD TELL YOU"

WHAT DID MICK McCARTHY BRING TO HELP REVITALISE THE CLUB?

MP: "He brought a passion and belief that we really needed after Wilkinson was here. He is one of those people that when he walks into a room, he has a real presence. You felt that with McCarthy. The best thing about him was that he had that good mix of authority, while also being there for you. He would back you and believe in you. But what I loved about him was how straight he was. There was no condescending, no mixed messages - if you played well he would tell you and if you didn't he would tell you. He was my favourite manager. You always knew where you stood with him and you wanted to play for him. He did an amazing job of taking the club from a low point and restoring pride and getting the club back into the Premier League."







NEXT UP AT SOL...

AFC WIMBLEDON - SATURDAY 24 AUGUST 3PM - SKY BET LEAGUE ONE

WIMBLEDON TICKETS ON SALE

Tickets for Sunderland AFC's League One fixture against AFC Wimbledon are now on sale.

Taking place at the Stadium of Light on Saturday 24 August (KO 3pm), the match-up will follow Saturday's Wearside clash against Portsmouth and the forthcoming midweek trip to Rochdale.

The Lads have picked up two points from their opening two league games, drawing at home to Oxford United on the opening day before fighting back to earn a share of the spoils at Ipswich Town last time out.

Wimbledon, meanwhile, have started with back-to-back defeats against Rotherham United and Fleetwood Town, with league games against Accrington Stanley and Ipswich preceding their visit to Wearside.

Tickets are on sale now, with prices starting from £20 for adults and just £7 for under-16s.

PETERBOROUGH UNITED (A)

The Black Cats will round off a busy month with a trip to Peterborough United on Saturday 31 August (KO 3pm).

Posh have started their League One campaign with back-to-back defeats, and the Carabao Cup did little to turn their fortunes, as Oxford United defeated Darren Ferguson's side for the second time in four days.

Big spenders during the summer window, Peterborough will be hoping to get back on track today against Ipswich Town, before closing out the month against the Lads.

Ticket information will be confirmed in the next few days, so keep an eye on safc.com.

TURF MOOR TIE (A)

The Lads will travel to **Burnley** in **round two** of the **Carabao Cup**.

The second-round draw took place on Sky Sports following the Lads' 3-1 victory over Accrington Stanley, as Marc McNulty, Aiden McGeady and Charlie Wyke scored in a deserved win.

A trip to Lancashire now beckons for Jack Ross' side, with the Turf Moor tie set to be played the week commencing 26 August.

Further information regarding the fixture, including ticket news, will be released in due course.

HOW TO PURCHASE

Online Box Office (available 24 hours a day)

Ticket Hotline (0371 911 1973) is available during ticket office opening hours.

In person fhe Stadium of Light Ticket Office is open as listed below:

Monday-Friday: **9am-5pm**

Matchday Saturdays: 10am-kick-off

Closed non-matchday Saturdays, Sundays and Bank Holidays*

*To buy tickets for any available home games, please visit the Stadium of Light Club Store, located in the West Stand (open Saturday 9am-5pm, Sunday 10am-4pm).

Away ticket purchases and all other enquires must be directed to the ticket office during the listed opening hours above.







WE'RE ON OUR WAY TO...

ROCHDALE - TUESDAY 20 AUGUST - 7.45PM CROWN OIL ARENA - SKY BET LEAGUE ONE

According to local songster Mike Harding, it's hard to be a cowboy in Rochdale, although it would be a fairly pointless job in that part of Lancashire/Greater Manchester anyway.

After 91 seasons, Dale still haven't played in England's top division, which is why our EFL Trophy - Leasing.com to you and me - visit in 2016 was the first meeting between our clubs.

That ended level thanks to Elliot Embleton's belter, and we lost the penalty shootout 4-2.

Last season, we met for the first time in the league, and did the double, 4-1 at home and coming from behind to win 2-1 at Spotland, thanks to Charlie Wyke's leveller and George Honeyman's lastminute winner. So more of the same will do nicely, Lads.

The ground has actually been called the Crown Oil Arena since 2016 as part of the sponsorship deal, and holds 10,249 spectators, although there were only 6,546 watching our visit in April.



It's been Dale's only home, with a fairly modern look despite trees being visible from your seat, as three of the stands were built after 1990 - only the main stand predates that, and we'll be opposite in the Willbutts Lane stand.

Usually, about 1,500 are catered for, although if there's demand they'll move the home fans from there and up the visitors' numbers to 3,650.

This should still prove a popular trip despite many of us 'ticking off' the ground last season, as it's only 127 miles away. It's probably easier by road, as the near four-hour train journey is via Tyneside and Manchester.

There's no car park for visitors, and local street parking is residents only, so try along the A680, Edenfield Road, or Oulderhill Community School (OL11 SEF), about ten minutes away.

The ground's about a mile from the centre of town, so if you're not using Studds bar - under the Pearl Street Stand - or the Ratcliffe Arms next to the car park, there are numerous food outlets to be had. The pies are well worth seeking out in this part of the world, as well as some superb pubs.

We used the Baum, which has a large garden, and the Flying Horse, and there's also a Wetherspoons, the Regal Moon. Our taxi ride last season was little over a fiver, so that option is well worth considering, as are the pies in the ground.

All in all, a promising away day, made good with three points.

Ha'way the Lads!









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LOOKING TO ADD TO YOUR MATCHDAY EXPERIENCE?

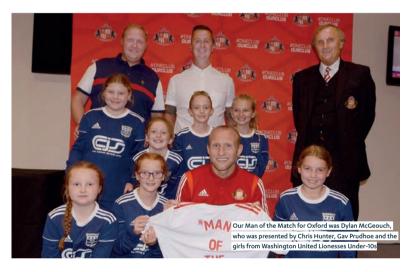
WHETHER YOU'RE CELEBRATING A SPECIAL OCCASION, REWARDING A
HARD-WORKING TEAM OR SIMPLY LOOKING FOR A CHANCE TO WATCH THE LADS IN
STYLE, THERE'S SURE TO BE A PACKAGE RIGHT UP YOUR STREET

YOUR CHANCE TO MEET THE LADS

Dylan McGeouch picked up the accolades following his Man of the Match performance on the opening day of the season.

How about meeting Dylan and enjoying a VIP day out at the Stadium of Light at the same time? Well, with our player sponsorship packages you can do all of that.

For just £1,400, you will enjoy a special matchday experience in our Montgomery Suite at a game of your choice. Including a table for six people, a drinks reception on arrival, a pre-match tour of the dressing room, three-course meal, prime West Stand seats for the game and more, it's a day you and your guests are sure to remember.



As well as enjoying our hospitality, you get the chance to meet your sponsored player, who will present you with their shirt.

Added to this, your name or logo will appear on our club website and in the

match programme for the full season for hundreds of thousands of people to see.

Some of the other players still available include new boys Connor McLaughlin and Lee Burge, Duncan Watmore, Tom Flanagan, Alim Ozturk as well as youngsters Denver Hume, Benji Kimpioka and Ethan Robson.

For more information or to reserve your player kit sponsorship package, please contact Holly via hospitality@safc.com

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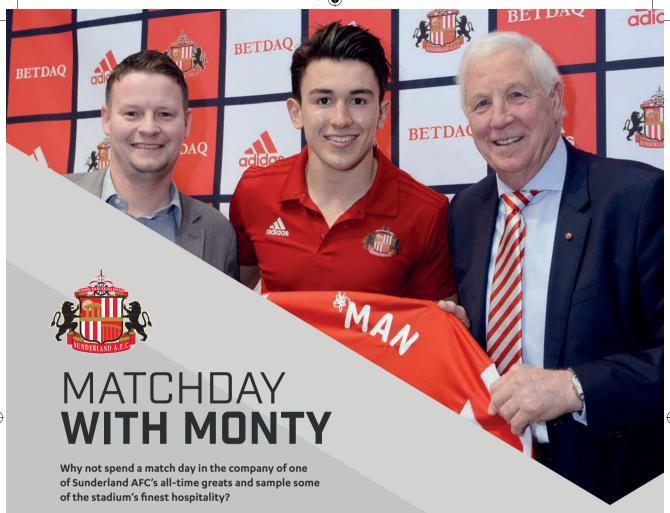
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- a prime west stand padded seat to watch the game in
- joining us for the post-match 'man of the match' presentations

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NEWS FROM SAFC'S AWARD-WINNING CHARITY

SAFC LADIES TAKE TO THE PITCH WITH YOUNGSTERS

Almost 40 youngsters were surprised by SAFC Ladies players last week, as they took part in a two-day girls only football course at the Beacon of Light.

Midfielder Keira Ramshaw and defender Charlotte Potts (pictured) took part in a O&A and had a kick-around with the next generation.

The girls only sessions have been created to give youngsters the opportunity to improve their skills, have fun and engage with children their own age through football.

Helen Edwards, Premier League Primary Stars Event Coordinator for Foundation of Light, said: "It was a great surprise for the girls when Keira and Charlotte turned up and spent time not only playing but also answering their questions. Girls football has grown over the last few years and especially since



the Women's World Cup and this event showed how popular it is."

Foundation of Light run a broad range of football opportunities for girls including evening and weekend sessions through SSE Wildcats Football Centres at the Beacon of Light, Sunderland Regional Talent Club (formerly Girls

Centre of Excellence) and the Football Scholarship programme.

Players taking part in these programmes have gone on to be selected for England Women's junior and senior sides, England Schools

Football and made their debuts for Sunderland AFC Ladies and Newcastle United Women.

For further information contact helen.edwards@ foundationoflight.co.uk or call 0191 563 4777.



DON'T FORGET TO GRAB YOUR TICKET FOR A CHANCE TO WIN £1,000! THE WINNING NUMBER FROM SAFC vs OXFORD UNITED WAS **2010**

















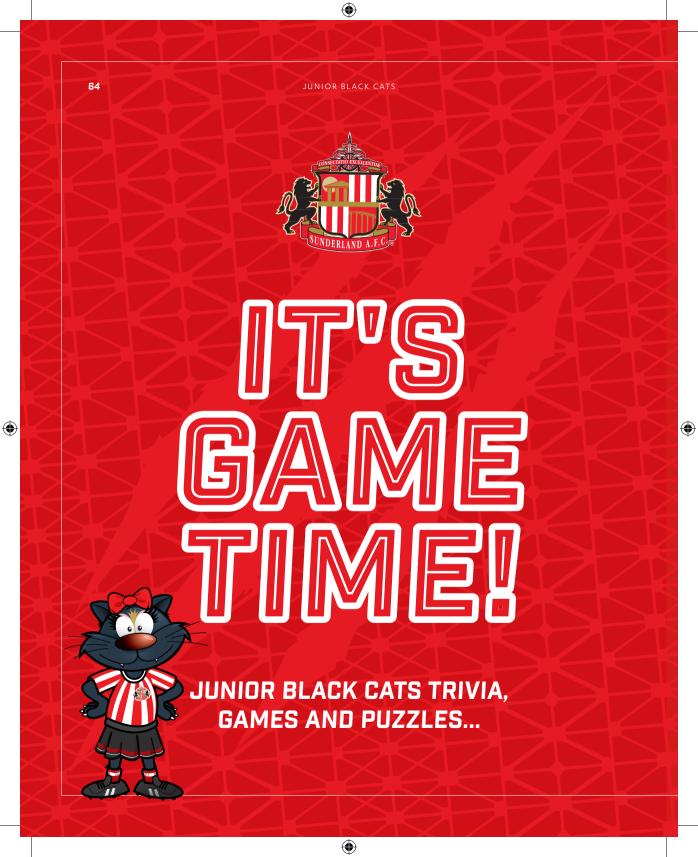














CUESSTHE NATIONALITY

Can you match up the players with their correct nationalities?









A

В







C



GUESSTHE GROUND

Can you name the stadium below and the team who play there?



SAFCANAGRAMS

Can you unscrammble the words below to reveal the Sunderland players?

MOP WAXER

CHE DOG NYLON

CUESSTHE PLAYER

Can you name the Sunderland player we have blurred out below?



GUESSTHE CREST

Can you correctly identify this club crest?



MAKEYOUR PREDICTION

HALF-TIME:













SPOTTHE DIFFERENCE...







Spot The Difference:

ANSWERS: Guess The Nationality: 1-8, 2-D, 4-C; Guess The Cround: Bloomfield Road, Blackpool; SAFC Anagrams: Max Power, Lynden Cooch; Guess The Player: Jordan Willis; Guess The Crest: Manchester United;



Good afternoon and welcome to today's League One match against Portsmouth.

Today, our rivalry with Pompey will be renewed, after playing the visitors five times last season, including the playoff semi-finals and the Checkatrade Trophy Final.

The new season began two weeks ago with a 1-1 draw against Oxford United, and then in our first away game we drew 1-1 against Ipswich Town. Lynden Gooch scored both of our goals in those games and will be looking to add to his goal tally today.

After losing in the semi-finals of the play-offs last season, Pompey began with a 1-0 defeat against Shrewsbury, before beating Tranmere 2-0 at Fratton Park last Saturday. Our visitors strengthened in the summer bringing in Ellis Harrison, Marcus Harness and John Marquis, who all could feature today.

A win for the Lads today would see our unbeaten start continue and help us kick on ahead of the end of a busy month of League One action.

Ha'way the Lads!

Finlay Anderson







GET THEM SIGNED!

GET YOUR SUNDERLAND HEROES' AUTOGRAPHS...



TODAY'S MASCOTS



JACK
Hobbies: Football,
playing Fifa, WWE
Favourite player:
Brett Pitman



KIERAN
Hobbies: Football,
movies, music, rugby
and boxing
Favourite
player: Christian
Rurress



HARRY
Hobbies: Football,
cricket, running, music
events and football
Favourite players: Luke
O'Nien, Aiden McGeady,
Chris Maguire and Will
Griga



FINLEY
Hobbies: Football,
Tennis, Pokemon,
Sunderland AFC
Favourite Player: John
McLaughlin and Aiden
McGeady



JOSEPH
Hobbies: Playing
football, playing Fifa &
Fortnite on the Xbox
Favourite players: Aiden
McGeady, Max Power
and Will Grigg



NICHOLAS
Hobbies: Playing
football
Favourite players: Aiden
McGeady and Will Grigg



HEIDI Hobbies: Football Favourite players: Lynden Gooch and Chris Maguire



LOUIS
Hobbies: Football,
tennis, scooter, Nerf
guns
Favourite players: Aiden
McGeady, Max Power,
Will Grigg





(













For just £250 + VAT become a Friend of the Foundation and help us make a difference to local lives. As part of the membership you will receive one of our boot tiles which takes prominent position on the Street area of the Beacon of Light.

The boot tiles are the perfect present for any Black Cats fan to show their support, as a memorial to remember loved ones, or to celebrate a birthday or special moment.

Choose to pay in full or in 12 easy monthly instalments.



(

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FOR MORE INFORMATION CONTACT

cherie.lauder@foundationoflight or call 0191 563 4734

FOUNDATION OF LIGHT REGISTERED CHARITY NO: 1089333









RED & WHITE HEARS FROM COACH ELLIOTT DICKMAN TO GET THE LATEST NEWS AND RESULTS FROM THE CLUB'S UNDER-23s

STOKE CITY 1 KYEREMATENG

SUNDERLAND 1

STOKE CITY

Nnandeukeu, Forrester, Corrigan, Sorensen, McJannet, Kigbu (Coates 68'), Pemberton, Dunwoody, Kyeremateng, Shenton, Jarvis. Subs not used: Macari, Broome, A.Sankoh, M.Sankoh

SUNDERLAND

Patterson, Mumba, Hunter, Sammut, Taylor, Bainbridge, Connelly, Neil (Gamble 72'), Kimpioka, Hackett, Diamond. Subs not used: Collins, Abdelkader, Kokolo, Greenwood.

Sunderland Under-23s started their Premier League 2 season with a wellearned point against Stoke City at Harrison Park on Monday evening.

Stoke City took the lead in the first-half through Gabriel Kyeremateng against the run of play.

The second-half saw the Lads clinch a deserved point as Jake Hackett scored a superb free-kick.



	Р	W	D	L	+/-	PTS
Reading	1	1	0	0	+6	3
Manchester United	1	1	0	0	+5	3
West Ham	1	1	0	0	+3	3
Middlesbrough	1	1	0	0	+1	3
Swansea City	1	1	0	0	+1	3
Stoke City	1	0	1	0	+0	1
Sunderland	1	0	1	0	+0	1
Aston Villa	1	0	0	1	-1	0
Norwich City	1	0	0	1	-1	0
Fulham	1	0	0	1	-3	0
West Brom	1	0	0	1	-5	0
Newcastle United	1	0	0	1	-6	0



Both sides would have taken a lot of positives from the game, with boss Elliott Dickman delighted with his sides application to fight back and earn a point on the road.

"I am really pleased with the result," he said. "They are not a bad side; they do things right. I thought we were good, and I thought we deserved the win on the balance of play.

"We have worked on a number of things over the last six weeks and one of the things is how we play out of possession.

"There are three or four key areas we have been looking at and one of them is to press high up the pitch.

"It was pleasing to see that the players were using their initiative on the pitch to put the Stoke defence under pressure because they looked uncomfortable with the ball in their own half.

"We are pleased with the lads because they were able to create a substantial amount of chances because of their pressing work."











THE LATEST FROM THE CLUB'S NEXT GENERATION AT THE ACADEMY OF LIGHT

MAN UTD 3

McCANN 29' (PEN), ELANGA 34', WELLENS 34'

SUNDERLAND O

SUNDERLAND UNDER-18s:

Newman, Smith, Devine, Almond (Armstrong 67'), Wombwell, Krakue, Jones, Gooch, Foster, Miller (Watts 45'), Kiernan (Bruce 77') Subs not used: Baggs, Cameron

Sunderland Under-18s were put to the sword in their opening Premier League fixture of the season last Saturday, as Manchester United ran out commanding winners.

Jack Newman was in fine form for the Black Cats but could do little to prevent any of the Red Devils' goals at the Aon Training Complex.

Charlie McCann broke the deadlock after 29 minutes from the penalty spot, before Anthony Elanga added a second five minutes later

Charlie Wellens then sealed victory early in the second period to get United off to a winning start.

It wasn't all plain sailing for Manchester United though, Sunderland began on the front foot and took the game to the hosts in the early stages.

Newman was lively too, making a host of impressive stops as United hit back and looked to gain an advantage in the opening period.

Turning away Elanga after three minutes with a finger-tip stop, Newman could do little to prevent United hitting the front on 29 minutes from the penalty spot.



UNDER-18 PREMIER	LEAG	UE -	NOR	TH DI	IVISIO	IN
	Р	W	D	L	+\-	PTS
Liverpool U18	1	1	0	0	6	3
Manchester City U18	1	1	0	0	4	3
Manchester Utd U18	1	1	0	0	3	3
Wolves U18	1	1	0	0	3	3
Everton U18	1	1	0	0	1	3
Middlesbrough U18	1	0	1	0	0	1
Newcastle U18	1	0	1	0	0	1
Derby County U18	1	0	0	1	-1	0
Sunderland U18	1	0	0	1	-3	0
Stoke City U18	1	0	0	1	-3	0
West Brom U18	1	0	0	1	-4	0
Blackburn U18	1	0	0	1	-6	0

Connor Stanley was brought down after steaming into the area, and McCann side-footed the ball past the Sunderland stopper at pace.

From there, United remained on the front foot and gained a second moments later when Elanga finally managed to get the better of Newman after missing a host of chances.

Combining with Reece Devine and Max Haygarth, Elanga curled a fine shot into the far corner from 15 yards. Elanga continued to heap the pressure on and ask questions of Sunderland's rear-guard, with his cutting pass providing Wellens with a simple tap-in after 54 minutes.

Sunderland continued to show character though, refusing to throw in the towel and almost pulling a goal back through Cole Kiernan, who managed to round 'keeper Ondrej Mastny but was denied by McCann on the goalline.

Next up for Sunderland Under-18s is a home game against Blackburn Rovers at the Academy of Light this afternoon, kickoff 12:30pm.









PROUD PROGRAMME
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ZANKKZ

SAFCLADIES

SAFC LADIES MAINTAINED THEIR 100 PER CENT RECORD IN PRE-SEASON AND FINISHED IN IMPRESSIVE STYLE

Sunderland Ladies finished off their preseason campaign with two impressive victories against Hartlepool United and Lee University Flames.

The Hartlepool result was the more emphatic of the two, as the Lasses won 12-0, with Bridget Galloway netting four goals.

Mollie Lambert netted a brace, as did team-mate Georgia Gibson, while Charlotte Potts, Keira Ramshaw, Jess Brown and Maria Farrugia also got on the scoresheet in a considerable rout for the Lasses.

They followed that with a 3-0 victory against Lee University Flames to set themselves up perfectly for their opening game against West Bromwich Albion tomorrow afternoon at Eppleton.





Jessica Brown netted the opener on 55 minutes as she hammered in a Louise Griffith's cross into the roof of the net.

Substitute Megan Beer set up Emily Hutchison with her first touch of the ball as her pinpoint cross was headed past the helpless Flames stopper.

Brown then earned some luck, as her cross was turned into the Flames net by their unfortunate goalkeeper.

Looking ahead, the Lasses kick off their season tomorrow, but they have some other highly-anticipated games coming up as well.

Newcastle United visit Eppleton next weekend in the FAWNL League Cup, in what is undoubtedly the biggest game either club has played in recent seasons. With Blackburn Rovers earning promotion last season, the Lasses will be looking at Derby County, Huddersfield Town and Middlesbrough as their main rivals for the title.

Derby finished level on points with the Lasses but had an inferior goal difference so finished one place below in third.

Huddersfield were one place below Derby, as they finished with 47 points, and just below them was Middlesbrough, who finished with 43 points..

The Lasses will also face two new sides next season after Bradford City and Doncaster Rovers were relegated.

Burnley and West Brom will take their place, while Loughborough Foxes have been elected to the division after a realignment of the league tables.





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BRITAIN'S Nº1 BEER. MADE LOCAL...



PROUD PARTNER OF SUNDERLAND AFC

Source: Nielsen Off Trade MAT Volume, 03.11.18. CGA On Trade MAT Volume, 08.09.18.





UNDER-23s

PREMIER LEAGUE TWO DIVISION 2



Date	Opposition	H/A	KO/FA
AUGUST			
Mon 12	Stoke City	А	D 1-1
Sun 18	Norwich City	Н	12pm
Fri 23	West Bromwich Albion	Α	7pm
Fri 30	Aston Villa	Н	7pm
SEPTEMI	BER		
Mon 16	Middlesbrough	Н	7pm
Sun 22	Swansea City	Α	12pm
Sun 29	West Ham United	А	12pm
ОСТОВЕ	R		
Mon 21	Newcastle United	Н	7pm
Fri 25	Fulham	А	2pm
NOVEM	BER		
Sun 3	Reading	Н	12pm
Fri 22	Manchester United	А	7pm
DECEMB	IER		
Mon 9	Stoke City	Н	7pm
Sun 15	Norwich City	А	1pm
JANUAR	Y		
Mon 6	Aston Villa	Α	7pm
Mon 13	West Bromwich Albion	Н	7pm
FEBRUAR	RY		
Sun 2	West Ham United	Н	12pm
Fri 14	Newcastle United	Α	7pm
MARCH			
Sun 1	Fulham	Н	12pm
Mon 16	Reading	Α	1pm
APRIL			
Mon 6	Manchester United	Н	7pm
Mon 20	Middlesbrough	Α	7pm
MAY			
Sun 3	Swansea City	Н	12pm

UNDER-18s

PREMIER LEAGUE TWO NORTH DIVISION



Date	Opposition	H/A	KO/FA
AUGUST			
Sat 10	Manchester United	Α	L 0-3
Sat 17	Blackburn Rovers	Н	12.30pm
Sat 24	Stoke city	Н	11am
Sat 31	Wolves	Н	11am
SEPTEME	BER		
Sat 14	Everton	А	12.30pm
Sat 21	Newcastle	Н	11am
ОСТОВЕ	R		
Fri 4	West Bromwich Albion	А	1pm
Sat 19	Derby County	Н	1pm
NOVEME	BER		
Sat 2	Middlesbrough	А	11am
Sat 30	Liverpool	Α	12.30pm
DECEMB	ER		-
Sat 7	Manchester City	Н	11am
JANUAR'	· · · · · · · · · · · · · · · · · · ·		-
Sat 4	Manchester United	Н	12.30pm
Sat 11	Blackburn Rovers	A	12.30pm
FEBRUAR	Y		-
Sat 1	Stoke City	А	1pm
Sat 15	Wolves	А	1pm
Sat 22	Everton	Н	12.30pm
Fri 28	Newcastle United	А	7pm
MARCH			-
Sat 14	West Bromwich Albion	Н	11am
Sat 21	Derby County	A	1pm
APRIL			·
Sat 4	Middlesbrough	Н	11am
Sat 18	Liverpool	Н	11am
Sat 25	Manchester City	A	12.30pm

SAFC LADIES

FA WOMEN'S NATIONAL LEAGUE NORTHERN DIVISION



Date	Opposition		KO/FA
AUGUST			
Sun 18	West Bromwich Albion	Н	2pm
SEPTEMI	BER		
Sun 1	Fylde	Α	2pm
Wed 4	Middlesbrough	Н	7:45pm
Sun 8	Hull City	Н	
Sun 15	Huddersfield Town	А	2pm
Sun 22	Sheffield FC	Н	2pm
Sun 29	Nottingham Forest	Α	2pm
ОСТОВЕ	R		
Sun 27	Derby County	Α	2pm
NOVEM	BER		
Sun 10	Loughborough Foxes	Н	2pm
Sun 17	Stoke City	Н	2pm
DECEME	ER		
Sun 8	Burnley	Α	2pm
JANUAR	Y		
Sun 12	West Bromwich Albion	А	2pm
FEBRUAR	RY		
Sun 2	Fylde	Н	2pm
Sun 9	Hull City	Α	2pm
Wed 19	Middlesbrough	А	7:45pm
Sun 23	Huddersfield Town	Н	2pm
MARCH			
Sun 8	Sheffield FC	Α	2pm
Sun 15	Stoke City	А	2pm
Sun 22	Nottingham Forest	Н	2pm
Sun 29	Derby County	Н	2pm
APRIL			
Sun 26	Loughborough Foxes	А	2pm
MAY			







XXXXXXXX



EASON STATS

JON MCLAUGHLIN

CONOR McLAUGHLIN

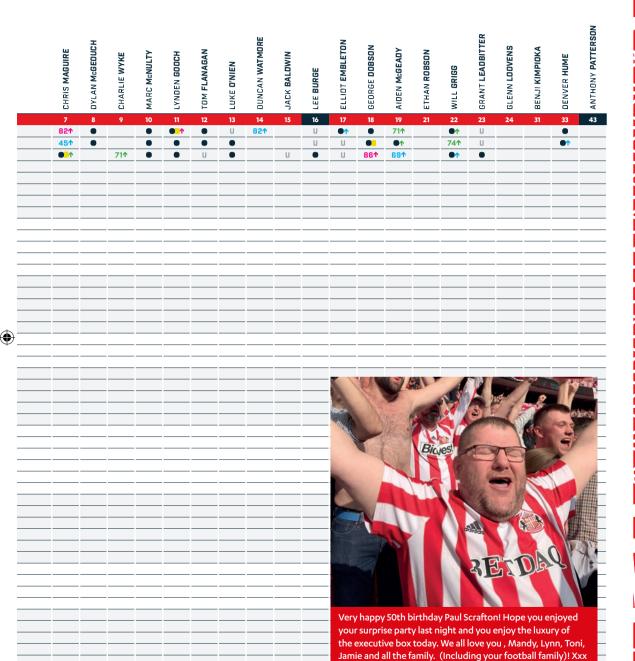
JORDAN WILLIS

ALIM DZTURK

MAX POWER

Date	KO/F-A	H/A	Opposition	Pos	Att	SAFC Scorers	1	2	4	5	6	
Sat 3 Aug	D 1-1	н	Oxford United	13	33,498	Gooch 49' (p)	•	•	•	U		
Sat 10 Aug	D 1-1	А	Ipswich Town	15	24,051	Gooch 64'	•	•	● ↑	84↑	U	
Tue 13 Aug	W 3-1	А	Accrington Stanley (CCR1)	-	2,343	McNulty 17', McGeady 79', Wyke 90'+4	U	•	•	•	• ↑	
Sat 17 Aug	12.30pm	Н	Portsmouth									
Tue 20 Aug	7.45pm	А	Rochdale									
Sat 24 Aug	3pm	Н	AFC Wimbledon									
Tue 27 Aug	7.45pm	А	Burnley (CCR2)									
Sat 31 Aug	3pm	А	Peterborough									
Sat 7 Sep	3pm	Н	Burton Albion									
Sat 14 Sep	3pm	A	Accrington Stanley									
Tue 17 Sep	7.45pm	Н	Rotherham United									
Sat 21 Sep	3pm	A	Bolton Wanderers									
Sat 28 Sep	3pm	Н	MK Dons									
Sat 5 Oct	3pm	А	Lincoln City									
Sat 12 Oct	3pm	Н	Fleetwood Town									
Sat 19 Oct	3pm	А	Wycombe Wanderers									
Tue 22 Oct	7.45pm	Н	Tranmere Rovers									
Sat 26 Oct	3pm	А	Shrewsbury Town									
Sat 2 Nov	3pm	Н	Southend United									
Sat 16 Nov	3pm	А	Bristol Rovers									
Sat 23 Nov	3pm	Н	Coventry City									
Sat 7 Dec	3pm	А	Gillingham									
Sat 14 Dec	3pm	Н	Blackpool									
Sat 21 Dec	3pm	А	Вигу									
Thu 26 Dec	3pm	Н	Bolton Wanderers									
Sun 29 Dec	3pm	А	Doncaster Rovers									
Wed 1 Jan	3pm	А	Fleetwood Town									
Sat 4 Jan	3pm	Н	Lincoln City									
Sat 11 Jan	3pm	Н	Wycombe Wanderers				_					
Sat 18 Jan	3pm	Α	Mk Dons									
Sat 25 Jan	3pm	Н	Doncaster Rovers									
Tue 28 Jan	7.45pm	Α	Tranmere Rovers									
Sat 1 Feb	3pm	А	Portsmouth									
Sat 8 Feb	3pm	Н	Ipswich Town									
Tue 11 Feb	7.45pm	Н	Rochdale									
Sat 15 Feb	3pm	Α	Oxford United									
Sat 22 Feb	3pm	Н	Bristol Rovers									
Sat 29 Feb	3pm	Α	Coventry City									
Sat 7 Mar	3pm	Н	Gillingham						_			
Sat 14 Mar	3pm	А	Blackpool									
Sat 21 Mar	3pm	Н	Bury									
Sat 28 Mar	3pm	Α	Southend United									
Sat 4 Apr	3pm	Н	Shrewsbury Town									
Fri 10 Apr	3pm	Α	AFC Wimbledon									
Mon 13 Apr	3pm	Н	Peterborough United									
Sat 18 Apr	3pm	Α	Burton Albion									
Sat 25 Apr	3pm	Н	Accrington Stanley									
Sun 3 May	12pm	A	Rotherham United									





KEY: Starting XI ● | Unused Sub U | Booked | Sent-off | First Sub ↑ | Second Sub ↑ | Third Sub ↑ | Fourth Sub ↑ | Penalty (p) | Own Goal ↑





STAT ATTACK 2019-20

				LEAGUE			CUP		2019	9-20 TO1	AL	SA	FC CARE	ER
#	Name	DOB	St	Sb	Gls		Sb	Gls	St	Sb	Gls	St	Sb	Gls
01	Jon McLaughlin	09.09.1987	2	0	0	0	0	0	2	0	0	57	0	0
02 =	Conor McLaughlin	26.07.1991	2	0	0	1	0	0	3	0	0	3	0	0
04 -	Jordan Willis	24.08.1994	2	0	0	1	0	0	2	1	0	3	0	0
05	Alim Ozturk	17.11.1992	0	1	0	1	0	0	1	1	0	18	4	0
06	Max Power	27.07.1993	0	0	0	0	0	0	0	0	0	38	8	4
07	Chris Maguire	16.01.1989	0	2	0	1	0	0	1	2	0	34	12	9
08	Dylan McGeouch	15.01.1993	2	0	0	0	0	0	2	0	0	23	9	0
09 -	Charlie Wyke	06.12.1992	0	0	0	0	1	1	0	0	0	19	12	6
10	Marc McNulty	14.09.1992	2	0	0	1	0	1	3	0	1	3	0	0
11	Lynden Gooch	24.12.1995	2	0	2	0	1	0	2	1	2	56	36	11
12	Tom Flanagan	17.01.1992	2	0	0	0	0	0	2	0	0	42	2	2
13 -	Luke O'Nien	21.11.1994	1	0	0	1	0	0	2	0	0	39	15	5
14 -	Duncan Watmore	08.03.1994	0	1	0	0	0	0	0	1	0	32	33	6
15 =	Jack Baldwin	30.06.1993	0	0	0	0	0		0	0	0	41	0	3
16 -	Lee Burge	09.01.1993	0	0	0	1	0	0	1	0	0	1	0	0
17 -	Elliot Embleton	02.04.1999	1	0	0	0	0	0	1	0	0	2	3	0
18 -	George Dobson	15.11.1997	2	0	0	0	1	0	2	1	0	2	1	0
19	Aiden McGeady	04.04.1986	1	1	0	0	1	1	1	2	1	64	16	22
21 -	Ethan Robson	25.10.1996	0	0	0	0	0	0	0	0	0	9	5	1
22 -	Will Grigg	03.07.1991	1	1	0	1	0	0	2	1	0	19	6	5
24 -	Grant Leadbitter	07.01.1986	0	0	0	1	0	0	1	0	0	87	56	11
31	Benji Kimpioka	21.02.2000	0	0	0	0	0	0	0	0	0	2	7	2
33	Denver Hume	11.08.1996	2	0	0	0	0	0	2	0	0	10	4	0
43 -	Anthony Patterson	10.05.2000	0	0	0	0	0	0	0	0	0	0	0	0

STAT SNIPPETS



CHRIS MAGUIRE

The Scotland international, who had a loan spell with Portsmouth in 2012, may not have opened his account for this season just yet, but Pompey's defence know all about the threat he poses. The 30-year-old's ninth goal for the Lads last season proved decisive in separating the two teams in the League One play-offs and booking Sunderland's trip to Wembley.



LYNDEN GOOCH

The livewire forward has started the 2019-20 campaign in scintillating form, scoring in the Lads' opening league games against Oxford and Ipswich. It's only the second time the American has found the target in consecutive games, previously achieving the feat last season with backto-back goals against Walsall and Barnsley in November 2018.





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2019-20

SKY BET LEAGUE ONE TABLE



#	TEAM	Р	w	D	L	F	А	w	D	L	F	Α	+/-	PTS
1	Blackpool	2	1	0	0	2	0	1	0	0	3	1	+4	6
2	Lincoln City	2	1	0	0	2	0	1	0	0	2	0	+4	6
3	Fleetwood Town	2	1	0	0	2	1	1	0	0	3	1	+3	6
4	Wycombe Wanderers	2	1	0	0	2	0	0	1	0	0	0	+2	4
5	Rochdale	2	0	1	0	1	1	1	0	0	3	2	+1	4
6	Ipswich Town	2	0	1	0	1	1	1	0	0	1	0	+1	4
7	Oxford United	2	1	0	0	1	0	0	1	0	1	1	+1	4
8	Coventry City	2	1	0	0	1	0	0	1	0	0	0	+1	4
9	Portsmouth	2	1	0	0	2	0	0	0	1	0	1	+1	3
10	MK Dons	1	1	0	0	1	0	0	0	0	0	0	+1	3
11	Burton Albion	2	0	0	1	0	1	1	0	0	2	1	0	3
12	Shrewsbury Town	2	1	0	0	1	0	0	0	1	0	1	0	3
13	Rotherham United	2	0	0	1	0	2	1	0	0	2	1	-1	3
14	Doncaster Rovers	2	0	1	0	1	1	0	1	0	1	1	0	2
15	Sunderland	2	0	1	0	1	1	0	1	0	1	1	0	2
16	Gillingham	2	0	0	1	1	2	0	1	0	1	1	-1	1
17	Bristol Rovers	2	0	1	0	0	0	0	0	1	0	2	-2	1
18	AFC Wimbledon	2	0	0	1	1	2	0	0	1	1	2	-2	0
19	Accrington Stanley	1	0	0	0	0	0	0	0	1	0	2	-2	0
20	Tranmere Rovers	2	0	0	1	2	3	0	0	1	0	2	-3	0
21	Peterborough United	2	0	0	1	1	3	0	0	1	0	1	-3	0
22	Southend United	2	0	0	1	1	3	0	0	1	0	1	-3	0
23	Bolton Wanderers	2	0	1	0	0	0	0	0	1	0	2	-2	-11 *
24	Bury	0	0	0	0	0	0	0	0	0	0	0	0	-12 *

2019-20

SKY BET LEAGUE ONE TOP TENS











TOP SCORERS		Р	G
Nathan Broadhead	Burton Albion	2	2
Lynden Gooch	Sunderland	2	2
Kieran Sadlier	Doncaster Rovers	2	2
Josh Morris	Fleetwood Town	2	2
Luke Garbutt	Ipswich Town	2	2
Nathan Delfouneso	Blackpool	2	2
Ian Henderson	Rochdale	2	2
Rhys Norrington-Davies	Rochdale	2	1
Zain Westbrooke	Coventry City	2	1
Ryan John Giles	Shrewsbury Town	2	1

TOP ASSISTS		F	כ	G	
Jorge Grant	Lincoln City	2)	2	
Callum Camps	Rochdale	2)	2	
Mikael Ndjoli	Gillingham	2	2	1	
Rhys Norrington-Davies	Rochdale	2	2	1	
Ben Wiles	Rotherham United	2)	1	
Anthony Hartigan	AFC Wimbledon	2	2	1	
Flynn Downes	Ipswich Town	2	2	1	
Jordi Hiwula	Coventry City	2)	1	
Sullay Kaikai	Blackpool	2)	1	
Harry Souttar	Fleetwood Town	2	2	1	







Christmas Karaoke Nights

£15.00 per person



Friday 6 th December Friday 13 th December Friday 20 th December

1-Course Buffet / Resident DJ / Disco / Karaoke

For further information or to book for any of our events,

0371 911 1555 or solchristmas@elior.co.uk

STADIUMOFLIGHT







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t has been an action-packed summer at the Beacon of Light, with thousands of people from across the North East taking part in activities designed to keep them fit and healthy, as part of the Summer at the Beacon campaign.

From the ever-popular Foundation of Light football, dance or multi-sport holiday courses through to 'Fortneet' Nerf gun battles, toddler baking sessions and families learning to cook their favourite takeaways, people of all ages have come together on Stadium Park to have fun.

If you haven't taken part yet, don't worry - the Summer at the Beacon runs until Sunday 1 September, with so many things to see and do. Next week, two major events are taking place that shouldn't be missed by families!

SAFC themed Elmer, named 'The Beautiful Game', will be unveiled in the Beacon as part of the Elmer Great North Parade by St Oswald's Hospice. 'The Beautiful Game' is one of seven bespoke Elmers which will be located across the city until November. It's free to visit and fans are being encouraged to download the Elmer App and visit all 50.



and interactive workshops taking place between 10am and kick-off next Saturday, hundreds of families are expected to visit the Beacon to take part.



From football inflatables to street netball and table tennis, the Beacon will be bursting with sports activities. There will also be giveaways, talk-ins and chances to meet Team GB athletes, as well as the chance to cook with them in the Beacon Kitchen. Samson and Delilah are set to make an appearance too!

So, if you're looking for things to do this summer, why not visit the Beacon of Light? Not only will it entertain the kids, but all proceeds are donated back to Sunderland AFC's official charity, Foundation of Light, to improve lives across Sunderland, South Typeside and Durham.

To find out more about what's on at the Beacon of Light, please visit www.beaconoflight.co.uk.













82 UP NEXT

COMING SOON

ROCHDALE - TUESDAY 20 AUGUST - 7.45PM CROWN OIL ARENA - SKY BET LEAGUE ONE



he visit of Portsmouth today comes in the middle of a hectic schedule for Jack Ross' Sunderland side.

Having faced a Saturday-Tuesday pile-up over the last week, that's set to continue for the next seven days as the Black Cats travel to **Rochdale** on Tuesday.

Kicking off at 7:45pm on Tuesday 20 August, the Lads will be looking to emulate their 2-1 win at the Crown Oil Arena - however, maybe in slightly less dramatic fashion.

Ian Henderson's close-range finish meant Sunderland trailed going into the second period, but Charlie Wyke levelled before George Honeyman fired home an injury-time winner to send the travelling masses into pandemonium.

This season though, Brian Barry-Murphy's side are posing a very different threat as they've enjoyed an unbeaten start after two games.

A victory on the opening day of the season against newly-promoted Tranmere Rovers got them on their way before a draw against Doncaster Rovers came last weekend.

Tickets are on general sale and priced at £27 for adults, £21 for over-65s and under-21s, £10 for under-16s, and supporters aged two and under can attend free of charge.

Following that, Sunderland then return to Wearside to welcome AFC Wimbledon to the Stadium of Light on Saturday 24 August at 3pm.

The Black Cats claimed six points off the Wombles last term, with Lee Cattermole putting the Lads on course for that with an impressive double to turn the game on its head in their backyard last August.

Aiden McGeady then scored a secondhalf winner in February at the Stadium of Light to complete the double over Wally Downes' team.

As for this term, Wimbledon have started with back-to-back league defeats against Rotherham United and Fleetwood Town, with league games against Accrington Stanley and Ipswich preceding their visit to Wearside.

Tickets are **on sale** now, with prices starting from £20 for adults and just £7 for under-16s.











MANAGER: JACK ROSS

JON McLAUGHLIN	1	000
CONOR McLAUGHLIN	2	000
JORDAN WILLIS	4	000
ALIM OZTURK	5	000
MAX POWER	6	000
CHRIS MAGUIRE	7	000
DYLAN McGEOUCH	8	000
CHARLIE WYKE	9	000
MARC McNULTY	10	000
LYNDEN GOOCH	11	000
TOM FLANAGAN	12	000
LUKE O'NIEN	13	000
DUNCAN WATMORE	14	000
JACK BALDWIN	15	000
LEE BURGE	16	000
ELLIOT EMBLETON	17	000
GEORGE DOBSON	18	000
AIDEN McGEADY	19	000
ETHAN ROBSON	21	000
WILL GRIGG	22	000
GRANT LEADBITTER	23	000
GLENN LOOVENS	24	000
BENJI KIMPIOKA	31	000

DENVER HUME 33 000 ANTHONY PATTERSON 43 000



PORTSMOUTH

HEAD COACH: KENNY JACKETT

000	1	CRAIG MACGILLIVRAY
000	2	ANTON WALKES
000	3	LEE BROWN
000	4	TOM NAYLOR
000	5	PAUL DOWNING
000	6	CHRISTIAN BURGESS
000	7	RYAN WILLIAMS
000	8	BRETT PITMAN
000	9	OLIVER HAWKINS
000	10	JOHN MARQUIS
000	11	RONAN CURTIS
000	13	JAMES BOLTON
000	14	ANDY CANNON
000	15	ROSS McCRORIE
000	16	JACK WHATMOUGH
000	17	BYRN MORRIS
000	19	MARCUS HARNESS
000	20	SEAN RAGGETT
000	21	LUKE McGEE
000	22	ELLIS HARRISON
000	23	PETAR DURIN
000	25	JOE HANCOTT
		GARETH EVANS
		LEON MALONEY
000	31	MATTHEW CASEY
000	33	BEN CLOSE
		ALEX BASS
000	38	BRANDON HAUNSTRUP

OOO 40 BRADLEY LETHBRIDGE

MATCH OFFICIALS

REFEREE: MICHAEL SALISBURY
ASSISTANT REFEREES: JOE SIMPSON & GARETH MELLOR
FOURTH OFFICIAL: PAUL MARSDEN



